

THE LORD



BRINGS COMFORT

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FORWARD

Psalm 46:1

God is our refuge and strength, always ready to help in times of trouble.

In this study, we approach fourteen ways from the Holy Scriptures that we find ways to live in comfort. The Holy Spirit is also called the comforter.

The fear of mountains or cities suddenly crumbling into the sea as the result of a nuclear blast haunts many people today. But the psalmist says that even if the world ends, we need not fear in the face of utter destruction. It seems impossible to consider the end of the world without becoming consumed by fear, but the Bible is clear—God is our refuge even in the face of total destruction. He is not merely a temporary retreat; he is our eternal refuge and can provide strength in any circumstance.

When we allow God our shepherd to guide us, we have contentment. When we choose to sin, however, we go our own way and cannot blame God for the environment we create for ourselves. Our shepherd knows the “green pastures” and “quiet waters” that will restore us. We will reach these places only by following him obediently.

Rebelling against the shepherd’s leading is actually rebelling against our own best interests. We must remember this the next time we are tempted to go our own way rather than the shepherd’s way.

War and destruction are inevitable, but so is God’s final victory. At that time, all will stand quietly before the Lord Almighty. How proper, then, for us to be still now, reverently honoring him and his power and majesty. Take time each day to be still and to exalt God.

May you find your needed comfort as you read and meditate on the following encouraging scriptures.



God's Steadfast Love Brings Comfort

Chapter 1

Psalm 118:1

O give thanks unto the Lord; for he is good: because his mercy endureth for ever.

Psalm 117:1-2

O praise the Lord, all ye nations: praise him, all ye people. [2] For his merciful kindness is great toward us: and the truth of the Lord endureth for ever. Praise ye the Lord.

1 Cor. 13:1-2

Though I speak with the tongues of men and of angels, and have not charity, I am become as sounding brass, or a tinkling cymbal. And though I have the gift of prophecy, and understand all mysteries, and all knowledge; and though I have all faith, so that I could remove mountains, and have not charity, I am nothing.

Hebrews 12:1-3

Wherefore seeing we also are compassed about with so great a cloud of witnesses, let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us, [2] Looking unto Jesus the author and finisher of our faith; who for the joy that was set before him endured the cross, despising the shame, and is set down at the right hand of the throne of God.

Psalm 51:1

Have mercy upon me, O God, according to thy loving-kindness: according unto the multitude of thy tender mercies blot out my transgressions.

1 Cor. 13:4-8

Charity suffers long, and is kind; charity envieth not; charity vaunteth not itself, is not puffed up, [5] Doth not behave itself unseemly, seeketh not her own, is not easily provoked, thinketh no evil;

Rejoiceth not in iniquity, but rejoiceth in the truth;

Beareth all things, believeth all things, hope this all things, endureth all things.

Charity never fails: but whether there be prophecies, they shall fail; whether there be tongues, they shall cease; whether there be knowledge, it shall vanish away.

Luke 18:1

And he spake a parable unto them to this end, that men ought always to pray, and not to grow weary.

Luke 18:1

One day Jesus told his disciples a story to illustrate their need for constant prayer and to show them that they must never give up.

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Hosea 6:6

I want you to be merciful; I don't want your sacrifices. I want you to know God; that's more important than burnt offerings.

Psalm 118:26

Bless the one who comes in the name of the Lord.

We bless you from the house of the Lord.

1 Peter 2:1

So get rid of all malicious behavior and deceit. Don't just pretend to be good! Be done with hypocrisy and jealousy and backstabbing.

Hebrews 11:1-2

What is faith? It is the confident assurance that what we hope for is going to happen. It is the evidence of things we cannot yet see. God gave his approval to people in days of old because of their faith.

1 Cor. 12:1-3

And now, dear brothers and sisters, I will write about the special abilities the Holy Spirit gives to each of us, for I must correct your misunderstandings about them.

You know that when you were still pagans you were led astray and swept along in worshiping speechless idols. So I want you to know how to discern what is truly from God: No one speaking by the Spirit of God can curse Jesus, and no one is able to say, "Jesus is Lord," except by the Holy Spirit.



John 8:36

So if the Son sets you free, you will indeed be free.



Comfort is Also Available in Your Old Age

Chapter 2

Isaiah 46:4

I will be your God throughout your lifetime—until your hair is white with age. I made you, and I will care for you. I will carry you along and save you.

Proverbs 16:31

Gray hair is a crown of glory; it is gained by living a godly life.

Leviticus 19:32

"Show your fear of God by standing up in the presence of elderly people and showing respect for the aged. I am the Lord.

Job 32:7

I thought, 'Those who are older should speak, for wisdom comes with age.'

Psalms 143:5

I remember the days of old.
I ponder all your great works.
I think about what you have done.

Deut. 32:7

Remember the days of long ago; think about the generations past.
Ask your father and he will inform you.
Inquire of your elders, and they will tell you.

Psalms 71:17-18

O God, you have taught me from my earliest childhood,
and I have constantly told others about the wonderful things you do.

[18] Now that I am old and gray,
do not abandon me, O God.

Let me proclaim your power to this new generation,
your mighty miracles to all who come after me.

Job 12:12

Wisdom belongs to the aged, and understanding to those who have lived many years.

Proverbs 16:21

The wise are known for their understanding, and instruction is appreciated if it's well presented.

Isaiah 46:4

I will be your God throughout your lifetime—until your hair is white with age. I made you, and I will care for you. I will carry you along and save you.

Psalms 92:14

Even in old age they will still produce fruit;
they will remain vital and green.

Titus 2:2

Teach the older men to exercise self-control, to be worthy of respect, and to live wisely. They must have strong faith and be filled with love and patience.

2 Cor. 4:16

That is why we never give up. Though our bodies are dying, our spirits are being renewed every day.

Proverbs 20:29

The glory of the young is their strength; the gray hair of experience is the splendor of the old.

Psalm 37:25

Once I was young, and now I am old.
Yet I have never seen the godly forsaken,
nor seen their children begging for bread.

Isaiah 40:29

He gives power to those who are tired and worn out; he offers strength to the weak.

Deut. 33:25

May the bolts of your gates be of iron and bronze;
may your strength match the length of your days!"



John 8:36

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Comfort Will Come Because You Will Not Fall

Chapter 3

James 4:6

He gives us more and more strength to stand against such evil desires. As the Scriptures say,

"God sets himself against the proud,
but he shows favor to the humble."

Luke 8:13

The rocky soil represents those who hear the message with joy. But like young plants in such soil, their roots don't go very deep. They believe for a while, but they wilt when the hot winds of testing blow.

Luke 10:5-6

"Whenever you enter a home, give it your blessing. If those who live there are worthy, the blessing will stand; if they are not, the blessing will return to you.

Romans 5:12

When Adam sinned, sin entered the entire human race. Adam's sin brought death, so death spread to everyone, for everyone sinned.

Romans 3:23

For all have sinned; all fall short of God's glorious standard.

2 Tim. 2:19

But God's truth stands firm like a foundation stone with this inscription: "The Lord knows those who are his," and "Those who claim they belong to the Lord must turn away from all wickedness."

Isaiah 65:25

The wolf and lamb will feed together. The lion will eat straw like the ox. Poisonous snakes will strike no more. In those days, no one will be hurt or destroyed on my holy mountain. I, the Lord, have spoken!"

Genesis 1:29-30

And God said, "Look! I have given you the seed-bearing plants throughout the earth and all the fruit trees for your food. [30] And I have given all the grasses and other green plants to the animals and birds for their food." And so it was.



John 8:36

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I am Comforted Because of God's Protection

Chapter 4

Job 5:20-21

He will save you from death in time of famine, from the power of the sword in time of war. [21] You will be safe from slander and will have no fear of destruction when it comes.

1 Samuel 22:2-4

Then others began coming—men who were in trouble or in debt or who were just discontented—until David was the leader of about four hundred men.

Later David went to Mizpeh in Moab, where he asked the king, "Would you let my father and mother live here under royal protection until I know what God is going to do for me?" The king agreed, and David's parents stayed in Moab while David was living in his stronghold.

Psalm 9:9

The Lord is a shelter for the oppressed,
a refuge in times of trouble.

Psalm 12:5

The Lord replies, "I have seen violence done to the helpless,
and I have heard the groans of the poor.
Now I will rise up to rescue them,
as they have longed for me to do."

Psalm 18:1-3

For the choir director: A psalm of David, the servant of the Lord. He sang this song to the Lord on the day the Lord rescued him from all his enemies and from Saul.

I love you, Lord; you are my strength.

[2] The Lord is my rock, my fortress, and my savior;
my God is my rock, in whom I find protection.

He is my shield, the strength of my salvation, and my stronghold.
[3] I will call on the Lord, who is worthy of praise,
for he saves me from my enemies.

Psalm 32:10

Many sorrows come to the wicked,
but unfailing love surrounds those who trust the Lord.

Psalm 37:27-28

Turn from evil and do good,
and you will live in the land forever.
For the Lord loves justice,
and he will never abandon the godly.

He will keep them safe forever,
but the children of the wicked will perish.

Psalm 34:7

For the angel of the Lord guards all who fear him,
and he rescues them.

Psalm 43:1-3

O God, take up my cause!
Defend me against these ungodly people.
Rescue me from these unjust liars.

For you are God, my only safe haven.
Why have you tossed me aside?
Why must I wander around in darkness,
oppressed by my enemies?

Send out your light and your truth;
let them guide me.
Let them lead me to your holy mountain,
to the place where you live.

Psalm 116:5-7

How kind the Lord is! How good he is!
So merciful, this God of ours!
The Lord protects those of childlike faith;
I was facing death, and then he saved me.
Now I can rest again,
for the Lord has been so good to me.

Psalm 121:5-8

The Lord himself watches over you!
The Lord stands beside you as your protective shade.
The sun will not hurt you by day,
nor the moon at night.
The Lord keeps you from all evil
and preserves your life.
The Lord keeps watch over you as you come and go,
both now and forever.

Proverbs 14:26

Those who fear the Lord are secure; he will be a place of refuge for their children.



John 8:36

So if the Son sets you free, you will indeed be free.



Comforting Safety while Sleeping

Chapter 5

Psalm 4:8

I will lie down in peace and sleep,
for you alone, O Lord, will keep me safe.

Joshua 1:9

I command you—be strong and courageous! Do not be afraid or discouraged. For the Lord your God is with you wherever you go."

Ephes. 6:11

Put on all of God's armor so that you will be able to stand firm against all strategies and tricks of the Devil.

Philip. 4:13

For I can do everything with the help of Christ who gives me the strength I need.

Proverbs 11:14

Without wise leadership, a nation falls; with many counselors, there is safety.

James 1:12

God blesses the people who patiently endure testing. Afterward they will receive the crown of life that God has promised to those who love him.

Psalm 28:7

The Lord is my strength, my shield from every danger.
I trust in him with all my heart.
He helps me, and my heart is filled with joy.
I burst out in songs of thanksgiving.

Proverbs 19:23

Fear of the Lord gives life, security, and protection from harm.

Philip. 4:19

And this same God who takes care of me will supply all your needs from his glorious riches, which have been given to us in Christ Jesus.

Psalm 37:39-40

The Lord saves the godly;
he is their fortress in times of trouble.
[40] The Lord helps them,
rescuing them from the wicked.
He saves them, and they find shelter in him.

Psalm 5:12

For you bless the godly, O Lord,
surrounding them with your shield of love.

2 Tim. 4:18

Yes, and the Lord will deliver me from every evil attack and will bring me safely to his heavenly Kingdom. To God be the glory forever and ever. Amen.

John 10:28

I give them eternal life, and they will never perish. No one will snatch them away from me,

Matthew 28:20

Teach these new disciples to obey all the commands I have given you. And be sure of this: I am with you always, even to the end of the age."

Matthew 10:26

But don't be afraid of those who threaten you. For the time is coming when everything will be revealed; all that is secret will be made public.

Proverbs 21:31

The horses are prepared for battle, but the victory belongs to the Lord.

Isaiah 41:17

"When the poor and needy search for water and there is none, and their tongues are parched from thirst, then I, the Lord, will answer them. I, the God of Israel, will never forsake them.

Proverbs 1:33

But all who listen to me will live in peace and safety, unafraid of harm."

Zech. 9:12

Come back to the place of safety, all you prisoners, for there is yet hope! I promise this very day that I will repay you two mercies for each of your woes!

Malachi 3:6

"I am the Lord, and I do not change. That is why you descendants of Jacob are not already completely destroyed.

Psalm 12:7

Therefore, Lord, we know you will protect the oppressed,
preserving them forever from this lying generation,

Proverbs 18:10

The name of the Lord is a strong fortress; the godly run to him and are safe.



John 8:36

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Under His Wings Will Be Our Refuge.

Chapter 6

Isaiah 40:31

But those who wait on the Lord will find new strength. They will fly high on wings like eagles. They will run and not grow weary. They will walk and not faint.

Ruth 2:12

May the Lord, the God of Israel, under whose wings you have come to take refuge, reward you fully."

Psalm 91:4

He will shield you with his wings.

He will shelter you with his feathers.

His faithful promises are your armor and protection.

Exodus 25:20

The cherubim will face each other, looking down on the atonement cover with their wings spread out above it.

Rev. 12:14

But she was given two wings like those of a great eagle. This allowed her to fly to a place prepared for her in the wilderness, where she would be cared for and protected from the dragon for a time, times, and half a time.

Psalm 17:8

Guard me as the apple of your eye.

Hide me in the shadow of your wings.

Luke 13:34

"O Jerusalem, Jerusalem, the city that kills the prophets and stones God's messengers! How often I have wanted to gather your children together as a hen protects her chicks beneath her wings, but you wouldn't let me.

Zech. 5:3

Then he said to me, "This scroll contains the curse that is going out over the entire land. One side says that those who steal will be banished from the land; the other side says that those who swear falsely will be banished from the land.

Isaiah 6:2

Hovering around him were mighty seraphim, each with six wings. With two wings they covered their faces, with two they covered their feet, and with the remaining two they flew.

Jude 1:9

But even Michael, one of the mightiest of the angels, did not dare accuse Satan of blasphemy, but simply said, "The Lord rebuke you." (This took place when Michael was arguing with Satan about Moses' body.)

Hebrews 13:2

Don't forget to show hospitality to strangers, for some who have done this have entertained angels without realizing it!

Hebrews 1:13

And God never said to an angel, as he did to his Son,

"Sit in honor at my right hand
until I humble your enemies,
making them a footstool under your feet."

Col. 1:16

Christ is the one through whom God created everything in heaven and earth. He made the things we can see and the things we can't see—kings, kingdoms, rulers, and authorities. Everything has been created through him and for him.

Ephes. 6:13

Use every piece of God's armor to resist the enemy in the time of evil, so that after the battle you will still be standing firm.

Rev. 2:10

Don't be afraid of what you are about to suffer. The Devil will throw some of you into prison and put you to the test. You will be persecuted for 'ten days.' Remain faithful even when facing death, and I will give you the crown of life.

James 5:13

Are any among you suffering? They should keep on praying about it. And those who have reason to be thankful should continually sing praises to the Lord.

Romans 10:9

For if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved.

Acts 16:31

They replied, "Believe on the Lord Jesus and you will be saved, along with your entire household."



John 8:36

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Comforting to Know That I Fear No Evil

Chapter 7

Psalm 23:4

Even when I walk
through the dark valley of death,
I will not be afraid,

for you are close beside me.
Your rod and your staff
protect and comfort me.

Psalm 27:1

The Lord is my light and my salvation—
so why should I be afraid?
The Lord protects me from danger—
so why should I tremble?

Psalm 118:6

The Lord is for me, so I will not be afraid.
What can mere mortals do to me?

2 Tim. 1:7

For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline.

Psalm 115:11

All you who fear the Lord, trust the Lord!
He is your helper; he is your shield.

Psalm 103:17

But the love of the Lord remains forever
with those who fear him.
His salvation extends to the children's children

Deut. 31:6

Be strong and courageous! Do not be afraid of them! The Lord your God will go ahead of you. He will neither fail you nor forsake you."

1 Chron. 28:20

Then David continued, "Be strong and courageous, and do the work. Don't be afraid or discouraged by the size of the task, for the Lord God, my God, is with

you. He will not fail you or forsake you. He will see to it that all the work related to the Temple of the Lord is finished correctly.

Isaiah 41:10

Don't be afraid, for I am with you. Do not be dismayed, for I am your God. I will strengthen you. I will help you. I will uphold you with my victorious right hand.

Matthew 10:26

But don't be afraid of those who threaten you. For the time is coming when everything will be revealed; all that is secret will be made public.

Romans 8:15

So you should not be like cowering, fearful slaves. You should behave instead like God's very own children, adopted into his family—calling him "Father, dear Father."

1 Cor. 16:13

Be on guard. Stand true to what you believe. Be courageous. Be strong.

1 Peter 3:13-14

Now, who will want to harm you if you are eager to do good?

But even if you suffer for doing what is right, God will reward you for it. So don't be afraid and don't worry.

1 John 4:6

But we belong to God; that is why those who know God listen to us. If they do not belong to God, they do not listen to us. That is how we know if someone has the Spirit of truth or the spirit of deception.



John 8:36

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God's Resting Place Brings Comfort.

Chapter 8

Psalm 23:4

Even when I walk

through the dark valley of death,
I will not be afraid,
for you are close beside me.
Your rod and your staff
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Psalm 27:1

The Lord is my light and my salvation—
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He is your helper; he is your shield.

Psalm 103:17

But the love of the Lord remains forever
with those who fear him.
His salvation extends to the children's children

Psalm 112:1

Praise the Lord!

Happy are those who fear the Lord.

Yes, happy are those who delight in doing what he commands.

Deut. 31:6

Be strong and courageous! Do not be afraid of them! The Lord your God will go ahead of you. He will neither fail you nor forsake you."

1 Chron. 28:20

Then David continued, "Be strong and courageous, and do the work. Don't be afraid or discouraged by the size of the task, for the Lord God, my God, is with you. He will not fail you or forsake you. He will see to it that all the work related to the Temple of the Lord is finished correctly.

Psalms 56:3-4

But when I am afraid,
I put my trust in you.
[4] O God, I praise your word.
I trust in God, so why should I be afraid?
What can mere mortals do to me?

Isaiah 41:10

Don't be afraid, for I am with you. Do not be dismayed, for I am your God. I will strengthen you. I will help you. I will uphold you with my victorious right hand.

Isaiah 41:13

I am holding you by your right hand—I, the Lord your God. And I say to you, 'Do not be afraid. I am here to help you.

Isaiah 54:4

"Fear not; you will no longer live in shame. The shame of your youth and the sorrows of widowhood will be remembered no more,

Romans 8:15

So you should not be like cowering, fearful slaves. You should behave instead like God's very own children, adopted into his family—calling him "Father, dear Father."

1 Cor. 16:13

Be on guard. Stand true to what you believe. Be courageous. Be strong.

Hebrews 13:5-6

Stay away from the love of money; be satisfied with what you have. For God has said,

"I will never fail you.
I will never forsake you."

[6] That is why we can say with confidence,

"The Lord is my helper,
so I will not be afraid.
What can mere mortals do to me?"



John 8:36

So if the Son sets you free, you will indeed be free.



Comforting In Times of Sadness

Chapter 9

Psalm 9:9

The Lord is a shelter for the oppressed,

a refuge in times of trouble.

Psalm 22:24

For he has not ignored the suffering of the needy.
He has not turned and walked away.
He has listened to their cries for help.

Psalm 23:1-6

A psalm of David.

The Lord is my shepherd;
I have everything I need.

He lets me rest in green meadows;
he leads me beside peaceful streams.

He renews my strength.
He guides me along right paths,
bringing honor to his name.

Even when I walk
through the dark valley of death,
I will not be afraid,
for you are close beside me.
Your rod and your staff
protect and comfort me.

You prepare a feast for me
in the presence of my enemies.
You welcome me as a guest,
anointing my head with oil.
My cup overflows with blessings.

Surely your goodness and unfailing love will pursue me
all the days of my life,
and I will live in the house of the Lord
forever.

Psalm 27:4-5

The one thing I ask of the Lord—

the thing I seek most—
is to live in the house of the Lord all the days of my life,
delighting in the Lord's perfections
and meditating in his Temple.

For he will conceal me there when troubles come;
he will hide me in his sanctuary.
He will place me out of reach on a high rock.

Psalm 30:5
His anger lasts for a moment,
but his favor lasts a lifetime!
Weeping may go on all night,
but joy comes with the morning.

Psalm 34:18
The Lord is close to the brokenhearted;
he rescues those who are crushed in spirit.

Psalm 37:39
The Lord saves the godly;
he is their fortress in times of trouble.

Psalm 46:1-2
For the choir director: A psalm of the descendants of Korah, to be sung by soprano
voices. A song.

God is our refuge and strength,
always ready to help in times of trouble.

So we will not fear, even if earthquakes come
and the mountains crumble into the sea.

Psalm 48:14
For that is what God is like.
He is our God forever and ever,
and he will be our guide until we die.

Psalm 55:22

Give your burdens to the Lord,
and he will take care of you.
He will not permit the godly to slip and fall.

Psalm 71:20-21

You have allowed me to suffer much hardship,
but you will restore me to life again
and lift me up from the depths of the earth.

You will restore me to even greater honor
and comfort me once again.

Proverbs 14:32

The wicked are crushed by their sins, but the godly have a refuge when they die.



John 8:36

So if the Son sets you free, you will indeed be free.



While Hurting, God Brings Comfort

Chapter 10

Ephes. 1:12-14

God's purpose was that we who were the first to trust in Christ should praise our glorious God.

And now you also have heard the truth, the Good News that God saves you. And when you believed in Christ, he identified you as his own by giving you the Holy Spirit, whom he promised long ago.

The Spirit is God's guarantee that he will give us everything he promised and that he has purchased us to be his own people. This is just one more reason for us to praise our glorious God.

Psalm 55:22

Give your burdens to the Lord,
and he will take care of you.
He will not permit the godly to slip and fall.

Psalm 46:1

God is our refuge and strength,
always ready to help in times of trouble.

1 Peter 5:6-7

So humble yourselves under the mighty power of God, and in his good time he will honor you. Give all your worries and cares to God, for he cares about what happens to you.

Psalm 22:24

For he has not ignored the suffering of the needy.
He has not turned and walked away.
He has listened to their cries for help.

Psalm 56:8

You keep track of all my sorrows.
You have collected all my tears in your bottle.
You have recorded each one in your book.

Psalm 116:1-2

I love the Lord because he hears

and answers my prayers.
[2] Because he bends down and listens,
I will pray as long as I have breath!

Jeremiah 29:11

For I know the plans I have for you," says the Lord. "They are plans for good and not for disaster, to give you a future and a hope.

Psalms 119:48-52

I honor and love your commands.
I meditate on your principles.

Remember your promise to me,
for it is my only hope.

Your promise revives me;
it comforts me in all my troubles.

The proud hold me in utter contempt,
but I do not turn away from your law.

I meditate on your age-old laws;
O Lord, they comfort me.

Lament. 3:31-32

For the Lord does not abandon anyone forever. Though he brings grief, he also shows compassion according to the greatness of his unfailing love.

John 14:16-18

And I will ask the Father, and he will give you another Counselor, who will never leave you.

He is the Holy Spirit, who leads into all truth. The world at large cannot receive him, because it isn't looking for him and doesn't recognize him. But you do, because he lives with you now and later will be in you.

No, I will not abandon you as orphans—I will come to you.

John 14:26-27

But when the Father sends the Counselor as my representative—and by the Counselor I mean the Holy Spirit—he will teach you everything and will remind you of everything I myself have told you.

"I am leaving you with a gift—peace of mind and heart. And the peace I give isn't like the peace the world gives. So don't be troubled or afraid.

Psalms 30:5

His anger lasts for a moment,
but his favor lasts a lifetime!
Weeping may go on all night,
but joy comes with the morning.

John 16:22

You have sorrow now, but I will see you again; then you will rejoice, and no one can rob you of that joy.



John 8:36

So if the Son sets you free, you will indeed be free.



My Comforting Help Comes From the Lord

Chapter 11

Hebrews 4:16

So let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it.

Psalm 46:1-2

For the choir director: A psalm of the descendants of Korah, to be sung by soprano voices. A song.

God is our refuge and strength,
always ready to help in times of trouble.
[2] So we will not fear, even if earthquakes come
and the mountains crumble into the sea.

Proverbs 30:5

Every word of God proves true. He defends all who come to him for protection.

Psalm 121:1-3

I look up to the mountains—
does my help come from there?
My help comes from the Lord,
who made the heavens and the earth!

He will not let you stumble and fall;
the one who watches over you will not sleep.

Psalm 42:7-8

I hear the tumult of the raging seas
as your waves and surging tides sweep over me.

Through each day the Lord pours his unfailing love upon me,
and through each night I sing his songs,
praying to God who gives me life.

Psalm 124:8

Our help is from the Lord,
who made the heavens and the earth.

Psalm 124:7

We escaped like a bird from a hunter's trap.
The trap is broken, and we are free!

Psalm 143:11-12

For the glory of your name, O Lord, save me.
In your righteousness, bring me out of this distress.
In your unfailing love, cut off all my enemies
and destroy all my foes,
for I am your servant.

Jeremiah 31:3

Long ago the Lord said to Israel: "I have loved you, my people, with an everlasting love. With unfailing love I have drawn you to myself.

John 3:16-17

"For God so loved the world that he gave his only Son, so that everyone who believes in him will not perish but have eternal life. God did not send his Son into the world to condemn it, but to save it.

Psalm 34:8-10

Taste and see that the Lord is good.
Oh, the joys of those who trust in him!

Let the Lord's people show him reverence,
for those who honor him will have all they need.

Even strong young lions sometimes go hungry,
but those who trust in the Lord will never lack any good thing.

Psalm 34:18-19

The Lord is close to the brokenhearted;
he rescues those who are crushed in spirit.

The righteous face many troubles,
but the Lord rescues them from each and every one.

Psalm 34:22

But the Lord will redeem those who serve him.
Everyone who trusts in him will be freely pardoned.

Psalm 146:5-10

But happy are those who have the God of Israel as their helper,
whose hope is in the Lord their God.

He is the one who made heaven and earth,
the sea, and everything in them.
He is the one who keeps every promise forever,

who gives justice to the oppressed
and food to the hungry.
The Lord frees the prisoners.

The Lord opens the eyes of the blind.
The Lord lifts the burdens of those bent beneath their loads.
The Lord loves the righteous.

The Lord protects the foreigners among us.
He cares for the orphans and widows,
but he frustrates the plans of the wicked.

The Lord will reign forever.
O Jerusalem, your God is King in every generation!
Praise the Lord!

Psalm 109:26-27

Help me, O Lord my God!
Save me because of your unfailing love.

Let them see that this is your doing,
that you yourself have done it, Lord.

Psalm 107:15

Let them praise the Lord for his great love
and for all his wonderful deeds to them.

Psalm 71:1-2

O Lord, you are my refuge;
never let me be disgraced.

Rescue me! Save me from my enemies, for you are just.
Turn your ear to listen and set me free.

Zech. 4:6

Then he said to me, "This is what the Lord says to Zerubbabel: It is not by force
nor by strength, but by my Spirit, says the Lord Almighty.



John 8:36

So if the Son sets you free, you will indeed be free.



The Lord Brings Comfort To His People

Chapter 12

Lament. 3:22-23

It is of the Lord's mercies that we are not consumed, because his compassions
fail not. They are new every morning: great is thy faithfulness.

Isaiah 46:4

And even to your old age I am he; and even to hoar hairs will I carry you: I have
made, and I will bear; even I will carry, and will deliver you.

Psalm 91:7-8

A thousand shall fall at thy side, and ten thousand at thy right hand; but it shall not come nigh thee. Only with thine eyes shalt thou behold and see the reward of the wicked.

Psalm 5:11-12

But let all those that put their trust in thee rejoice: let them ever shout for joy, because thou defendest them: let them also that love thy name be joyful in thee. [12] For thou, Lord, wilt bless the righteous; with favor wilt thou compass him as with a shield.

Psalm 91:4

He shall cover thee with his feathers, and under his wings shalt thou trust: his truth shall be thy shield and buckler.

Proverbs 3:24-26

When thou liest down, thou shalt not be afraid: yea, thou shalt lie down, and thy sleep shall be sweet.

Be not afraid of sudden fear, neither of the desolation of the wicked, when it cometh. For the Lord shall be thy confidence, and shall keep thy foot from being taken.

Psalm 23:4

Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.

1 Cor. 1:3-4

Grace be unto you, and peace, from God our Father, and from the Lord Jesus Christ.

I thank my God always on your behalf, for the grace of God which is given you by Jesus Christ;

Psalm 27:1

The Lord is my light and my salvation; whom shall I fear? The Lord is the strength of my life; of whom shall I be afraid?

Psalm 46:1-3

God is our refuge and strength, a very present help in trouble. Therefore will not we fear, though the earth be removed, and though the mountains be carried into the midst of the sea; Though the waters thereof roar and be troubled, though the mountains shake with the swelling thereof. Selah.

Psalm 121:3

He will not suffer thy foot to be moved: he that keepeth thee will not slumber.

Psalm 84:12

O Lord of hosts, blessed is the man that trusteth in thee.

Isaiah 40:1

Comfort ye, comfort ye my people, saith your God.

2 Cor. 1:5

For as the sufferings of Christ abound in us, so our consolation also abounds by Christ.

2 Thes. 2:16-17

Now our Lord Jesus Christ himself, and God, even our Father, which hath loved us, and hath given us everlasting consolation and good hope through grace, Comfort your hearts, and stablish you in every good word and work.



John 8:36

If the Son therefore shall make you free, ye shall be free indeed.



We Share in Christ's Suffering and Comfort

Chapter 13

2 Cor. 1:15

And in this confidence I was minded to come unto you before, that ye might have a second benefit;

2 Cor. 1:5

For as the sufferings of Christ abound in us, so our consolation also abounds by Christ.

1 Peter 2:20-21

For what glory is it, if, when ye be buffeted for your faults, ye shall take it patiently? but if, when ye do well, and suffer for it, ye take it patiently, this is acceptable with God.

For even hereunto were ye called: because Christ also suffered for us, leaving us an example, that ye should follow his steps:

John 15:18-21

If the world hates you, ye know that it hated me before it hated you. If ye were of the world, the world would love his own: but because ye are not of the world, but I have chosen you out of the world, therefore the world hateth you.

Remember the word that I said unto you, "The servant is not greater than his lord. If they have persecuted me, they will also persecute you; if they have kept my saying, they will keep yours also".

But all these things will they do unto you for my name's sake, because they know not him that sent me.

2 Tim. 2:11-12

It is a faithful saying: For if we be dead with him, we shall also live with him: If we suffer, we shall also reign with him: if we deny him, he also will deny us:

Philip. 3:8

Yea doubtless, and I count all things but loss for the Excellency of the knowledge of Christ Jesus my Lord: for whom I have suffered the loss of all things, and do count them but dung, that I may win Christ.

Col. 1:24-26

Who now rejoice in my sufferings for you, and fill up that which is behind of the afflictions of Christ in my flesh for his body's sake, which is the church:

2 Cor. 5:20

Now then we are ambassadors for Christ, as though God did beseech you by us: we pray you in Christ's stead, be ye reconciled to God.

Luke 10:16

He that heareth you heareth me; and he that despiseth you despiseth me; and he that despiseth me despiseth him that sent me.

1 Cor. 1:18-25

For the preaching of the cross is to them that perish foolishness; but unto us which are saved it is the power of God.

For it is written, I will destroy the wisdom of the wise, and will bring to nothing the understanding of the prudent.

Where is the wise? Where is the scribe? Where is the disputer of this world? Hath not God made foolish the wisdom of this world?

For after that in the wisdom of God the world by wisdom knew not God, it pleased God by the foolishness of preaching to save them that believe.

For the Jews require a sign, and the Greeks seek after wisdom: But we preach Christ crucified, unto the Jews a stumblingblock, and unto the Greeks foolishness;

But unto them which are called, both Jews and Greeks, Christ the power of God, and the wisdom of God.

Because the foolishness of God is wiser than men; and the weakness of God is stronger than men.



John 8:36

If the Son therefore shall make you free, ye shall be free indeed.



God Brings Eternal Comfort

Chapter 14

John 3:16

For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.

Romans 6:23

For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord.

Matthew 25:46

And these shall go away into everlasting punishment: but the righteous into life eternal.

John 17:3

And this is life eternal, that they might know thee the only true God, and Jesus Christ, whom thou hast sent.

2 Peter 3:9

The Lord is not slack concerning his promise, as some men count slackness; but is longsuffering to us-ward, not willing that any should perish, but that all should come to repentance.

Romans 8:38-39

For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come,

Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord.

Matthew 7:13-14

Enter ye in at the strait gate: for wide is the gate, and broad is the way, that leadeth to destruction, and many there be which go in there at:

Because strait is the gate, and narrow is the way, which leadeth unto life, and few there be that find it.

Rev. 20:6

Blessed and holy is he that hath part in the first resurrection: on such the second death hath no power, but they shall be priests of God and of Christ, and shall reign with him a thousand years.

Luke 14:14

And thou shalt be blessed; for they cannot recompense thee: for thou shalt be recompensed at the resurrection of the just.

Psalm 49:15

But God will redeem my soul from the power of the grave: for he shall receive me. Selah.

Psalm 86:13

For great is thy mercy toward me: and thou hast delivered my soul from the lowest hell.



John 8:36

If the Son therefore shall make you free, ye shall be free indeed.

