



You Will Never Be

Left Alone

Romans 8:38-39

For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord.

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Forward

God promises great blessings to his people, but many of these blessings require our active participation.

He will deliver us from fear (Psalm 34:4),

He will save us out of our troubles (Psalm 34:6),

He will guard and deliver us (Psalm 34:7),

He will show us goodness (Psalm 34:8),

He will supply our needs (Psalm 34:9),

He will listen when we talk to him (Psalm 34:15),

He will redeem us (Psalm 34:22),

But we must do our part. We can appropriate his blessings:

When we seek him (Psalm 34:4, 10),

When we cry out to him (Psalm 34:6, 17),

When we trust him (Psalm 34:8),

When we fear him (Psalm 34:7, 9),

When we refrain from lying (Psalm 34:13),

When we turn from evil, do good and seek peace (Psalm 34:14),

When we are humble (Psalm 34:18),

And when we serve him (Psalm 34:22).

Chapter 1

You are never alone

Genesis 2:1

Then the Lord God said, “It is not good that the man should be alone; I will make him a helper fit for him.”

We live in an action-oriented world! There always seems to be something to do and no time to rest. Yet God demonstrated that rest is appropriate and right. If God himself rested from his work, then it should not amaze us that we also need rest. Jesus demonstrated this principle when he and his disciples left in a boat to get away from the crowds (see Mark 6:31-32). Our times of rest refresh us for times of service.

God Will Never leave you or forsake you.

Hebrews 13:5

Keep your life free from love of money, and be content with what you have, for he has said, “I will never leave you nor forsake you.”

How can we learn to be content? Strive to live with less rather than desiring more; give away out of your abundance rather than accumulating more; relish what you have rather than resent what you’re missing. See God’s love expressed in what he has provided, and remember that money and possessions will all pass away. (See Phil. 4:11 for more on contentment, and 1 John 2:17 for the futility of earthly desires.)

We become content when we realize God’s sufficiency for our needs. Christians who become materialistic are saying by their actions that God can’t take care of them—or at least that he won’t take care of them the way they want. Insecurity can lead to the love of money, whether we are rich or poor. The only antidote is to trust God to meet all our needs.

Cast all your care upon Jesus.

1 Peter 5: 6

Casting all your anxieties on him, because he cares for you.

We often worry about our position and status, hoping to get proper recognition for what we do. But Peter advises us to remember that God's recognition counts more than human praise. God is able and willing to bless us according to his timing. Humbly obey God regardless of present circumstances, and in his good time—either in this life or in the next—he will lift you up.

When everyone forsook Jesus, God was still with him.

John 1:32-33

Behold, the hour is coming, indeed it has come, when you will be scattered, each to his own home, and will leave me alone. Yet I am not alone, for the Father is with me. I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world.”

At Jesus' baptism, John the Baptist had declared Jesus to be the Messiah. At that time God had given John a sign to show him that Jesus truly had been sent from God (John 1:33). John and Jesus were related (see Luke 1:36), so John probably knew who he was. But it wasn't until Jesus' baptism that John understood that Jesus was the Messiah. Jesus' baptism is described in Matthew 3:13-17; Mark 1:9-11; and Luke 3:21-22.

John the Baptist's baptism with water was preparatory, because it was for repentance and symbolized the washing away of sins. Jesus, by contrast, would baptize with the Holy Spirit. He would send the Holy Spirit upon all believers, empowering them to live and to teach the message of salvation. This outpouring of the Spirit came after Jesus had risen from the dead and ascended into heaven (see John 20:22; Acts 2).

John the Baptist's job was to point people to Jesus, their long-awaited Messiah. Today people are looking for someone to give them security in an insecure world. Our job is to point them to Christ and to show that he is the one whom they seek.

When crushed and broken, the Lord is near.

Psalm 34:1

The Lord is near to the brokenhearted and saves the crushed in spirit.

God promises great blessings to his people, but many of these blessings require our active participation.

He will deliver us from fear (Psalm 34:4), save us out of our troubles (Psalm 34:6), guard and deliver us (Psalm 34:7), show us goodness (Psalm 34:8), supply our needs (Psalm 34:9), listen when we talk to him (Psalm 34:15), and redeem us (Psalm 34:22), but we must do our part.

We can appropriate his blessings when we seek him (Psalm 34:4, 10), cry out to him (Psalm 34:6, 17), trust him (Psalm 34:8), fear him (Psalm 34:7, 9), refrain from lying (Psalm 34:13), turn from evil, do good and seek peace (Psalm 34:14), are humble (Psalm 34:18), and serve him (Psalm 34:22).

The Lord is continually with you.

Psalm 3:2-3

Nevertheless, I am continually with you; you hold my right hand.

David was not sitting on his throne in a place of power, but he was running for his life from his rebellious son Absalom and a host of traitors. When circumstances go against us, it is tempting to think that God also is against us. But David reminds us that the opposite is true. When everything seems to go against us, God is still for us. If circumstance has turned against you, don't blame God—seek him.

Two are better than one.

Ecclesiastes 4:9-10

Two are better than one, because they have a good reward for their toil. For if they fall, one will lift up his fellow. But woe to him who is alone when he falls and has not another to lift him up!

There are advantages to cooperating with others. Life is designed for companionship, not isolation, for intimacy, not loneliness. Some people prefer isolation, thinking they cannot trust anyone.

Chapter 2

When in the shadow of death, God is with you.

[Psalm 23:4](#)

Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

Death casts a frightening shadow over us because we are entirely helpless in its presence. We can struggle with other enemies—pain, suffering, disease, injury—but strength and courage cannot overcome death. It has the final word. Only one person can walk with us through death’s dark valley and bring us safely to the other side—the God of life, our shepherd. Because life is uncertain, we should follow this shepherd who offers us eternal comfort.

God comforts us in our affliction.

[2 Corinthians 1:3-4](#)

Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God.

Many think that when God comforts us, our troubles should go away. But if that were always so, people would turn to God only out of a desire to be relieved of pain and not out of love for him. We must understand that being *comforted* can also mean receiving strength, encouragement, and hope to deal with our troubles. The more we suffer, the more comfort God gives us. If you are feeling overwhelmed, allow God to comfort you. Remember that every trial you endure will help you comfort other people who are suffering similar troubles.

God’s love sent Jesus to die for your sins.

[John 3:1](#)

“For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life.

Nicodemus was a Pharisee and a member of the ruling council (called the Sanhedrin). The Pharisees were a group of religious leaders whom Jesus and John the Baptist often criticized for being hypocrites (see the note on +Matthew 3:7 for more on the Pharisees). Most Pharisees were intensely jealous of Jesus because he undermined their authority and challenged their views. But Nicodemus was searching, and he believed that Jesus had some answers.

A learned teacher himself, he came to Jesus to be taught. No matter how intelligent and well educated you are, you must come to Jesus with an open mind and heart so he can teach you the truth about God.

The Lord is my helper, I will not fear.

Hebrews 13:

So we can confidently say, “The Lord is my helper; I will not fear; what can man do to me?”

Though human leaders have much to offer, we must keep our eyes on Christ, our ultimate leader. Unlike any human leaders, he will never change. Christ has been and will be the same forever. In a changing world we can trust our unchanging Lord.

God strengthens me in all things.

Philippians 4:11-13

Not that I am speaking of being in need, for I have learned in whatever situation I am to be content. I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need. I can do all things through him who strengthens me.

Are you content in any circumstances you face? Paul knew how to be content whether he had plenty or whether he was in need. The secret was drawing on Christ’s power for strength.

Do you have great needs, or are you discontented because you don’t have what you want? Learn to rely on God’s promises and Christ’s power to help you be content.

If you always want more, ask God to remove that desire and teach you contentment in every circumstance. He will supply all your needs, but in a way that he knows is best for you (see the note on +Phil. 4:19 for more on God supplying our needs).

Paul was content because he could see life from God's point of view. He focused on what he was supposed to *do*, not what he felt he should *have*. Paul had his priorities straight, and he was grateful for everything God had given him.

Paul had detached himself from the nonessentials so that he could concentrate on the eternal. Often the desire for more or better possessions is really a longing to fill an empty place in a person's life. To what are you drawn when you feel empty inside? How can you find true contentment? The answer lies in your perspective, your priorities, and your source of power.

I will rejoice and be glad when facing persecution.

[Matthew 5:11-12](#)

“Blessed are you when others revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for so they persecuted the prophets who were before you.

Jesus said to rejoice when we're persecuted. Persecution can be good because (1) it takes our eyes off earthly rewards, (2) it strips away superficial belief, (3) it strengthens the faith of those who endure, and (4) our attitude through it serves as an example to others who follow. We can be comforted to know that God's greatest prophets were persecuted (Elijah, Jeremiah, Daniel).

The fact that we are being persecuted proves that we have been faithful; faithless people would be unnoticed. In the future God will reward the faithful by receiving them into his eternal kingdom where there is no more persecution.

Nothing can separate us from the Love of God

For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

Chapter 3

I hear God's voice and follow him.

John 10:2

My sheep hear my voice, and I know them, and they follow me.

At night, sheep were often gathered into a sheep pen to protect them from thieves, weather, or wild animals. The sheep pens were caves, sheds, or open areas surrounded by walls made of stones or branches. The shepherd often slept in the pen to protect the sheep. Just as a shepherd cares for his sheep, Jesus, the good shepherd, cares for his flock (those who follow him). The prophet Ezekiel, in predicting the coming of the Messiah, called him a shepherd (Ezekiel 34:23).

God will betroth you in righteousness.

Hosea 2:19-20

And I will betroth you to me forever. I will betroth you to me in righteousness and in justice, in steadfast love and in mercy. I will betroth you to me in faithfulness. And you shall know the Lord.

The time will come when unfaithfulness will be impossible—God will bind us to himself in his perfect righteousness, justice, love, compassion, and faithfulness. Betrothal in Hosea's time was more than a simple agreement to marry. It was a binding engagement, a deep commitment between two families for a future, permanent relationship. God was promising a fresh new beginning, not just a temporary rewriting of a tired old agreement. (See Jeremiah 31:31-34.)

God's wedding gift to his people, both in Hosea's day and in our own, is his compassion. Through no merit of our own, God forgives us and makes us right with him. There is no way for us by our own efforts to reach God's high standard for moral and spiritual life, but he graciously accepts us, forgives us, and draws us into a relationship with himself. In that relationship we have personal and intimate communion with him.

Your salvation is a gift from God.

Ephesians 2:-9

For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast.

When someone gives you a gift, do you say, “That’s very nice—now how much do I owe you?” No, the appropriate response to a gift is “Thank you.” Yet how often Christians, even after they have been given the gift of salvation, feel obligated to try to work their way to God. Because our salvation and even our faith are gifts, we should respond with gratitude, praise, and joy.

We become Christians through God’s unmerited grace, not as the result of any effort, ability, intelligent choice, or act of service on our part. However, out of gratitude for this free gift, we will seek to help and serve others with kindness, love, and gentleness, and not merely to please ourselves.

While no action or work we do can help us obtain salvation, God’s intention is that our salvation will result in acts of service. We are not saved merely for our own benefit but to serve Christ and build up the church (Ephes. 4:12).

We are God’s workmanship (work of art, masterpiece). Our salvation is something only God can do. It is his powerful, creative work in us. If God considers us his works of art, we dare not treat ourselves or others with disrespect or as inferior work.

God delivers those who have no helper.

Psalm 2:12

For he delivers the needy when he calls, the poor and him who has no helper.

To “kiss the Son” means to surrender fully and submit to him. Christ is not only God’s chosen King, he is also the rightful King of our hearts and lives. To be ready for his coming, we must submit to his leadership every day.

God will rejoice over you.

Zephaniah 3:1

The Lord your God is in your midst, a mighty one who will save; he will rejoice over you with gladness; he will quiet you by his love; he will exult over you with loud singing.

After predicting the destruction of the surrounding nations, Zephaniah returned to the problem at hand—sin in Jerusalem. The city of God, and God’s people themselves, had become “defiled”—as sinful as their pagan neighbors. The people pretended to worship and serve God, but in their hearts they had rejected him and continued to be complacent about their sins. They no longer cared about the consequences of turning away from God.

The God of the whole earth is your Lord of hosts.

Isaiah 54:5

For your Maker is your husband, the Lord of hosts is his name; and the Holy One of Israel is your Redeemer, the God of the whole earth he is called.

God said that he had abandoned Israel for a brief moment, so the nation was like a young wife rejected by her husband. But God still called Israel his own. The God we serve is holy, and he cannot tolerate sin. When his people blatantly sinned, God in his anger chose to punish them. Sin separates us from God and brings us pain and suffering. But if we confess our sin and repent, then God will forgive us. Have you ever been separated from a loved one and then experienced joy when that person returned? That is like the joy God experiences when you repent and return to him.

God will never leave you as orphans.

John 14:1-19

“I will not leave you as orphans; I will come to you. Yet a little while and the world will see me no more, but you will see me. Because I live, you also will live.

Jesus' words show that the way to eternal life, though unseen, is secure—as secure as your trust in Jesus. He has already prepared the way to eternal life. The only issue that may still be unsettled is your willingness to believe.

There are few verses in Scripture that describe eternal life, but these few verses are rich with promises. Here Jesus says, “I am going there to prepare a place for you,” and “I will come back.” We can look forward to eternal life because Jesus has promised it to all who believe in him. Although the details of eternity are unknown, we need not fear because Jesus is preparing for us and will spend eternity with us.

God will provide a way of escape from all temptations.

1 Corinthians 10:13

No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.

In a culture filled with moral depravity and sin-inducing pressures, Paul gave strong encouragement to the Corinthians about temptation.

He said: (1) wrong desires and temptations happen to everyone, so don't feel you've been singled out; (2) others have resisted temptation, and so can you; (3) any temptation can be resisted because God will help you resist it.

God helps you resist temptation by helping you (1) recognize those people and situations that give you trouble, (2) run from anything you know is wrong, (3) choose to do only what is right, (4) pray for God's help, and (5) seek friends who love God and can offer help when you are tempted. Running from a tempting situation is your first step on the way to victory (see 2 Tim. 2:22).

Chapter 4

Praise God for his mighty deeds and greatness.

Psalm 150:1-

Praise the Lord! Praise God in his sanctuary; praise him in his mighty heavens!
Praise him for his mighty deeds; praise him according to his excellent greatness!
Praise him with trumpet sound; praise him with lute and harp! Praise him with
tambourine and dance; praise him with strings and pipe! Praise him with sounding
cymbals; praise him with loud clashing cymbals! ...

These last five psalms overflow with praise. Each begins and ends with “Praise the LORD.” They show us where, why, and how to praise God. What does praise do? (1) Praise takes our minds off our problems and shortcomings, and focuses them on God. (2) Praise leads us from individual meditation to corporate worship. (3) Praise causes us to consider and appreciate God’s character. (4) Praise lifts our perspective from the earthly to the heavenly.

God will cause the righteous to prosper.

Psalm 1:1

Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; but his delight is in the law of the Lord, and on his law he meditates day and night. He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers. The wicked are not so, but are like chaff that the wind drives away. Therefore the wicked will not stand in the judgment, nor sinners in the congregation of the righteous.

To meditate in God's word, is to discourse with ourselves concerning the great things contained in it, with close application of mind and fixedness of thought. We must have constant regard to the word of God, as the rule of our actions, and the spring of our comforts; and have it in our thoughts night and day. For this purpose no time is amiss.

God is with us even to the end of the age.

Matthew 2:20

Teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age.”

Herod the Great died in 4 B.C. of an incurable disease. Rome trusted him but didn't trust his sons. Herod knew that Rome wouldn't give his successor as much power, so he divided his kingdom into three parts, one for each son. Archelaus received Judea, Samaria, and Idumea; Herod Antipas received Galilee and Perea; Herod Philip II received Traconitis. Archelaus, a violent man, began his reign by slaughtering 3,000 influential people. Nine years later, he was banished. God didn't want Joseph's family to go into the region of this evil ruler.

God's steadfast love will not depart from you.

Isaiah 54:10

For the mountains may depart and the hills be removed, but my steadfast love shall not depart from you, and my covenant of peace shall not be removed,” says the Lord, who has compassion on you.

God made a covenant with Noah that he has never broken (Genesis 9:8-17). Likewise, God made a covenant of peace with the people of Israel that the time would come when he would stop rebuking them, would restore their wealth, and would personally teach their children.

Those who delight in the Lord will receive the desires of their heart.

Psalm 3:4

Delight yourself in the Lord, and he will give you the desires of your heart.

God's holy hill was Mount Moriah in Jerusalem, the place where David's son Solomon would build the temple (2 Chron. 3:1). David knew that God could not be confined to any space, but he wrote poetically, expressing confidence that God would hear him when he prayed. God responds to us when we urgently pray to him.

Man shall live by every word from God.

Matthew 4:4

But he answered, "It is written, "Man shall not live by bread alone, but by every word that comes from the mouth of God.""

Jesus was hungry and weak after fasting for 40 days, but he chose not to use his divine power to satisfy his natural desire for food. Food, hunger, and eating are good, but the timing was wrong. Jesus was in the desert to fast, not to eat.

And because Jesus had given up the unlimited, independent use of his divine power in order to experience humanity fully, he wouldn't use his power to change the stones to bread. We also may be tempted to satisfy a perfectly normal desire in a wrong way or at the wrong time. If we indulge in sex before marriage or if we steal to get food, we are trying to satisfy God-given desires in wrong ways. Remember, many of your desires are normal and good, but God wants you to satisfy them in the right way and at the right time.

Jesus was able to resist all of the devil's temptations because he not only knew Scripture, but he also obeyed it. Ephes. 6:17 says that God's Word is a sword to use in spiritual combat. Knowing Bible verses is an important step in helping us resist the devil's attacks, but we must also obey the Bible. Note that Satan had memorized Scripture, but he failed to obey it. Knowing and obeying the Bible helps us follow God's desires rather than the devil's.

Chapter 5

God will make all Grace Abound to You.

2 Corinthians 9:

And God is able to make all grace abound to you, so that having all sufficiency in all things at all times, you may abound in every good work.

The Lord is my light and salvation.

Psalm 2:1

Of David. The Lord is my light and my salvation; whom shall I fear? The Lord is the stronghold of my life; of whom shall I be afraid?

Several psalms are called *Messianic* because of their prophetic descriptions of Jesus the Messiah (Christ)—his life, death, resurrection, and future reign. David, who may have been the author of this psalm, was a shepherd, soldier, and king.

We can see that he was also a prophet (Acts 2:29-30) because this psalm describes the rebellion of the nations and the coming of Christ to establish his eternal reign. This psalm is often mentioned in the New Testament (see Acts 4:25-26; Acts 13:33; Hebrews 1:5-6; Hebrews 5:5; Rev. 2:26-27; Rev. 12:5; Rev. 19:15).

God does not tempt with evil.

James 1:13

Let no one say when he is tempted, “I am being tempted by God,” for God cannot be tempted with evil, and he himself tempts no one.

The crown of life is like the victory wreath given to winning athletes (see 1 Cor. 9:25). God's crown of life is not glory and honor here on earth, but the reward of eternal life—living with God forever. The way to be in God's winners' circle is by loving him and staying faithful even under pressure.

Temptation comes from evil desires inside us, not from God. It begins with an evil thought and becomes sin when we dwell on the thought and allow it to become an action. Like a snowball rolling downhill, sin grows more destructive the more we let it have its way.

The best time to stop a temptation is before it is too strong or moving too fast to control. See Matthew 4:1-11; 1 Cor. 10:13; and 2 Tim. 2:22 for more about escaping temptation.

People who live for God often wonder why they still have temptations. Does God tempt them? God *tests* people, but he does not *tempt* them by trying to seduce them into sin. God allows Satan to tempt people, however, in order to refine their faith and to help them grow in their dependence on Christ. We can resist the temptation to sin by turning to God for strength and choosing to obey his Word.

It is easy to blame others and make excuses for evil thoughts and wrong actions. Excuses include

(1) it's the other person's fault; (2) I couldn't help it; (3) everybody's doing it; (4) it was just a mistake; (5) nobody's perfect; (6) the devil made me do it; (7) I was pressured into it; (8) I didn't know it was wrong; (9) God is tempting me. A person who makes excuses is trying to shift the blame from himself or herself to something or someone else.

A Christian, on the other hand, accepts responsibility for his or her wrongs, confesses them, and asks God for forgiveness.

Keep God's commandment and He will send a helper.

[John 14:15-31](#)

“If you love me, you will keep my commandments. And I will ask the Father, and he will give you another Helper, to be with you forever, even the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, for he dwells with you and will be in you. “I will not leave you as orphans; I will come to you. Yet a little while and the world will see me no more, but you will see me. Because I live, you also will live. ...

Jesus was soon going to leave the disciples, but he would remain with them. How could this be? The Counselor—the Spirit of God himself—would come after Jesus was gone to care for and guide the disciples. The regenerating power of the Spirit came on the disciples just before Jesus' ascension (John 20:22), and the Spirit was poured out on all the believers at Pentecost (Acts 2), shortly after Jesus ascended to heaven. The Holy Spirit is the very presence of God within us and all believers, helping us live as God wants and building Christ's church on earth. By faith we can appropriate the Spirit's power each day.

Sometimes people wish they knew the future so they could prepare for it. God has chosen not to give us this knowledge. He alone knows what will happen, but he tells us all we need to know to *prepare* for the future. When we live by his standards, he will not leave us; he will come to us, he will be in us, and he will show himself to us. God knows what will happen and, because he will be with us through it all, we need not fear. We don't have to know the future to have faith in God; we have to have faith in God to be secure about the future.

Jesus said that his followers show their love for him by obeying him. Love is more than lovely words; it is commitment and conduct. If you love Christ, then prove it by obeying what he says in his Word.

No sign will be given to the evil.

And the Pharisees and Sadducees came, and to test him they asked him to show them a sign from heaven. He answered them, “When it is evening, you say, ‘It will be fair weather, for the sky is red.’ And in the morning, ‘It will be stormy today, for the sky is red and threatening.’

You know how to interpret the appearance of the sky, but you cannot interpret the signs of the times. An evil and adulterous generation seeks for a sign, but no sign will be given to it except the sign of Jonah.” So he left them and departed. When the disciples reached the other side, they had forgotten to bring any bread. ...

Those seeking Jesus, need not fear.

Now after the Sabbath, toward the dawn of the first day of the week, Mary Magdalene and the other Mary went to see the tomb. And behold, there was a great earthquake, for an angel of the Lord descended from heaven and came and rolled back the stone and sat on it. His appearance was like lightning, and his clothing white as snow. And for fear of him the guards trembled and became like dead men. But the angel said to the women, “Do not be afraid, for I know that you seek Jesus who was crucified. ...

Life will be extended for keeping God’s commandments.

[Proverbs 3:1-35](#)

My son, do not forget my teaching, but let your heart keep my commandments, for length of days and years of life and peace they will add to you. Let not steadfast love and faithfulness forsake you; bind them around your neck; write them on the tablet of your heart.

So you will find favor and good success in the sight of God and man. Trust in the Lord with all your heart, and do not lean on your own understanding. ...

Matthew 11:28

**Come unto me, all ye that labour and are heavy laden,
and I will give you rest.**



To ask Jesus to come into your heart please pray this Prayer:

Dear Lord Jesus, I believe you are the Christ, the Son of the Living God. I ask you to forgive me of my sins and coming into my heart. I accept you as savior and will follow you as Lord. Amen.

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