

A Teaching Outline

TROUBLES

*The Lord Delivers From
Manifold Troubles*

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The LORD Delivers Men from Manifold Troubles.

Psalms 107:1-2

1 Oh give thanks to the LORD, for He is good,
For His lovingkindness is everlasting.

2 Let the redeemed of the LORD say so,
Whom He has redeemed from the hand of the adversary

This psalm speaks of four different types of people in distress and how God rescues them:

The wanderers ([107:4-9](#)),

The prisoners ([107:10-16](#)),

The distressed ([107:17-20](#)), and

The storm-tossed ([107:23-30](#)).

No matter how extreme our calamity, God is able to help us. He is loving and kind to those who are distressed.

"Has the LORD redeemed you? Then speak out!" God has done so much for us, and we have so much for which to thank him. He wants us to tell everyone all that he has done. These verses are not so much a mandate to witness as a declaration that when we live in God's presence, we will not be able to keep this glorious experience to ourselves.



Acts 1:8

But ye shall receive power, after that the Holy Ghost is come upon you: and ye shall be witnesses unto me both in Jerusalem, and in all Judaea, and in Samaria, and unto the uttermost part of the earth.

2 Corinthians 5:18-20

And all things are of God, who hath reconciled us to himself by Jesus Christ, and hath given to us the ministry of reconciliation; [19] To wit, that God was in Christ, reconciling the world unto himself, not imputing their trespasses unto them; and hath committed unto us the word of reconciliation. [20] Now then we are ambassadors for Christ, as though God did beseech you by us: we pray you in Christ's stead, be ye reconciled to God.

Tell someone what God has done for you.

Psalms 107:3-9

3 And gathered from the lands,
From the east and from the west,
From the north and from the south.

4 They wandered in the wilderness in a desert region;

They did not find a way to an inhabited city.

5 *They were* hungry and thirsty;
Their soul fainted within them.

6 Then they cried out to the LORD in their trouble;
He delivered them out of their distresses.

7 He led them also by a straight way,
To go to an inhabited city.

8 Let them give thanks to the LORD for His lovingkindness,
And for His wonders to the sons of men!

9 For He has satisfied the thirsty soul,
And the hungry soul He has filled with what is good.

Lost, hungry, thirsty, and exhausted, these wanderers typify the Israelites in exile. But they also typify anyone who has not found the satisfaction that comes from knowing God. Anyone who recognizes his or her own lostness can receive the offer of Jesus to satisfy these needs.

Jesus is the way (John 14:6),

The bread from heaven (John 6:33, 35),

The living water (John 4:10-14), and

The giver of rest (Matthew 11:28-30).

GOD IS LOVE

Psalms 107:9-16

10 There were those who dwelt in darkness and in the shadow of death,
Prisoners in misery and chains,

11 Because they had rebelled against the words of God
And spurned the counsel of the Most High.

12 Therefore He humbled their heart with labor;
They stumbled and there was none to help.

13 Then they cried out to the LORD in their trouble;
He saved them out of their distresses.

14 He brought them out of darkness and the shadow of death
And broke their bands apart.

15 Let them give thanks to the LORD for His lovingkindness,
And for His wonders to the sons of men!

16 For He has shattered gates of bronze
And cut bars of iron asunder.

Do you know anyone who is in prison? Most people think that those in prison deserve whatever misery they experience as punishment for their crimes. But God loves all men and women no matter how far they have fallen. He wants to reach them with his love and dispel the gloom they face.

Matthew 25:34-46

Then shall the King say unto them on his right hand, Come, ye blessed of my Father, inherit the kingdom prepared for you from the foundation of the world:

[35] For I was an hungry, and ye gave me meat: I was thirsty, and ye gave me drink: I was a stranger, and ye took me in:

[36] Naked, and ye clothed me: I was sick, and ye visited me: I was in prison, and ye came unto me.

[37] Then shall the righteous answer him, saying, Lord, when saw we thee hungry, and fed thee? Or thirsty, and gave thee drink?

[38] When saw we thee a stranger, and took thee in? Or naked, and clothed thee? [39] Or when saw we thee sick, or in prison, and came unto thee?

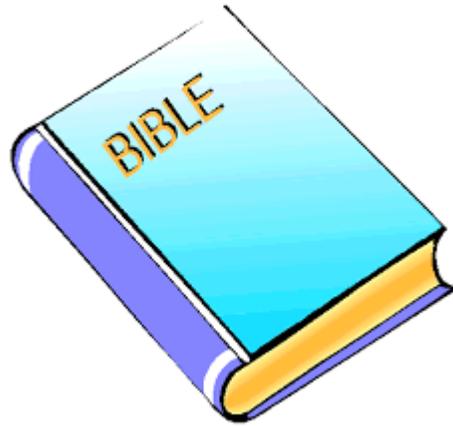
[40] And the King shall answer and say unto them, Verily I say unto you, Inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto me.

[41] Then shall he say also unto them on the left hand, Depart from me, ye cursed, into everlasting fire, prepared for the devil and his angels:

[42] For I was hungry, and ye gave me no meat: I was thirsty, and ye gave me no drink: [43] I was a stranger, and ye took me not in: naked, and ye clothed me not: sick, and in prison, and ye visited me not.

[44] Then shall they also answer him, saying, Lord, when saw we thee an hungry, or athirst, or a stranger, or naked, or sick, or in prison, and did not minister unto thee? [45] Then shall he answer them, saying, Verily I say unto you, Inasmuch as ye did it not to one of the least of these, ye did it not to me. [46] And these shall go away into everlasting punishment: but the righteous into life eternal.

Throughout the world, people are imprisoned for their faith; others suffer as victims of injustice. Can you reach out to them? Pray for those in prison. Pray for ministries and Christian chaplains who take God's message of love and forgiveness to prisoners. What can you do to support these efforts?



Psalm 107:17-20

17 Fools, because of their rebellious way,
And because of their iniquities, were afflicted.

18 Their soul abhorred all kinds of food,
And they drew near to the gates of death.

19 Then they cried out to the LORD in their trouble;
He saved them out of their distresses.

20 He sent His word and healed them,
And delivered *them* from their destructions.

Fools and rebels surely bring trouble upon themselves. This psalm offers hope for those who have made a mess of their lives.

By receiving God's free gift of forgiveness, anyone can begin a new life and break with the past. By faith in Christ, we can break addictions, heal memories, and restore broken relationships. If we ask Christ to take control of our lives, he will answer us. His love reaches even those who have rebelled against him.



Micah 7:18-20

Who is a God like unto thee that pardons iniquity, and passeth by the transgression of the remnant of his heritage? He retains not his anger forever, because he delighteth in mercy. [19] He will turn again, he will have compassion upon us; he will subdue our iniquities; and thou wilt cast all their sins into the depths of the sea. [20] Thou wilt perform the truth to Jacob, and the mercy to Abraham, which thou hast sworn unto our fathers from the days of old.

1 John 1:9

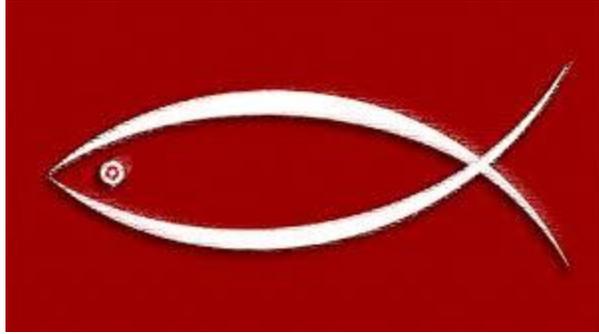
If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.

Romans 3:23

For all have sinned, and come short of the glory of God;

2 Cor. 5:17

Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.



Psalms 107:21-32

- 21** Let them give thanks to the LORD for His lovingkindness,
And for His wonders to the sons of men!
- 22** Let them also offer sacrifices of thanksgiving,
And tell of His works with joyful singing.
- 23** Those who go down to the sea in ships,
Who do business on great waters;
- 24** They have seen the works of the LORD,
And His wonders in the deep.
- 25** For He spoke and raised up a stormy wind,
Which lifted up the waves of the sea.
- 26** They rose up to the heavens, they went down to the depths;
Their soul melted away in *their* misery.
- 27** They reeled and staggered like a drunken man,
And were at their wits' end.
- 28** Then they cried to the LORD in their trouble,
And He brought them out of their distresses.
- 29** He caused the storm to be still,
So that the waves of the sea were hushed.
- 30** Then they were glad because they were quiet,

So He guided them to their desired haven.

31 Let them give thanks to the LORD for His lovingkindness,
And for His wonders to the sons of men!

32 Let them extol Him also in the congregation of the people,
And praise Him at the seat of the elders.

Those who have never truly suffered may not appreciate God as much as those who have matured under hardship. Those who have seen God work in times of distress have a deeper insight into his loving-kindness. If you have experienced great trials, you have the potential for great praise.

Psalms 107:33-43

33 He changes rivers into a wilderness
And springs of water into a thirsty ground;

34 A fruitful land into a salt waste,
Because of the wickedness of those who dwell in it.

35 He changes a wilderness into a pool of water
And a dry land into springs of water;

36 And there He makes the hungry to dwell,
So that they may establish an inhabited city,

37 And sow fields and plant vineyards,
And gather a fruitful harvest.

38 Also He blesses them and they multiply greatly,
And He does not let their cattle decrease.

39 When they are diminished and bowed down
Through oppression, misery and sorrow,

40 He pours contempt upon princes
And makes them wander in a pathless waste.

41 But He sets the needy securely on high away from affliction,
And makes *his* families like a flock.

42 The upright see it and are glad;
But all unrighteousness shuts its mouth.

43 Who is wise? Let him give heed to these things,
And consider the loving kindnesses of the LORD.



An invitation is given to open your heart's door to Jesus

Rev. 3:20

Behold, I stand at the door, and knock: if any man hear my voice, and open the door, I will come in to him, and will sup with him, and he with me.

To ask Jesus to come into your heart please pray this Prayer:

Dear Lord Jesus, I believe you are the Christ, the Son of the Living God. I ask you to forgive me of my sins and coming into my heart. I accept you as savior and will follow you as Lord. Amen.

References:

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Additional comments and charts are taken from: *Life Application Study Bible*. Illinois:
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