



God Hears My Every Thought

Isaiah 55:8

"My thoughts are completely
different from yours," says the
Lord.

And my ways are far beyond
anything you could imagine.

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Forward

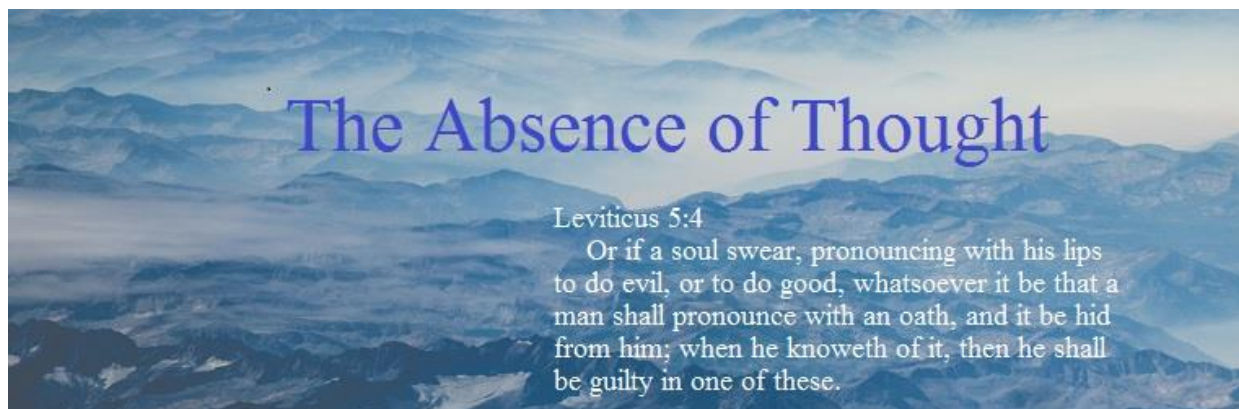
What we put into our minds determines what comes out in our words and actions. Paul tells us to program our minds with thoughts that are true, noble, right, pure, lovely, admirable, excellent, and praiseworthy.

Examine what you are putting into your mind through television, books, conversations, movies, and magazines.

Replace harmful input with wholesome material. Above all, read God's Word and pray. Ask God to help you focus your mind on what is good and pure. It takes practice, but it can be done.

Throughout this study, allow these many Scriptures dealing with how we should think bring cleansing and a realization that God looks on the heart rather than the outward appearance.

Chapter 1



Absence of Thought

Leviticus 5:4

'Or if a person swears thoughtlessly with his lips to do evil or to do good, in whatever matter a man may speak thoughtlessly with an oath, and it is hidden from him, and then he comes to know it, he will be guilty in one of these.

Have you ever sworn to do or not do something and then realized how foolish your promise was? God's people are called to keep their word, even if they make promises that are tough to keep. Jesus was warning against swearing (in the sense of making vows or oaths) when he said, "Simply let your 'Yes' be 'Yes,' and your 'No,' 'No'; anything beyond this comes from the evil one" (Matthew 5:37).

Our word should be enough. If we feel we have to strengthen it with an oath, something is wrong with our sincerity. The only promises we ought not to keep are promises that lead to sin. A wise and self-controlled person avoids making rash promises.

Bad Thoughts

Philippians 4:8

Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, dwell on these things.

What we put into our minds determines what comes out in our words and actions. Paul tells us to program our minds with thoughts that are true, noble, right, pure, lovely, admirable, excellent, and praiseworthy. Do you have problems with impure thoughts and daydreams? Examine what you are putting into your mind through television, books, conversations, movies, and magazines. Replace harmful input with wholesome material. Above all, read God's Word and pray. Ask God to help you focus your mind on what is good and pure. It takes practice, but it can be done.

Controlling Your Thoughts

Proverbs 4:23

Watch over your heart with all diligence, for from it flow the springs of life.

Our heart—our feelings of love and desire—dictates to a great extent how we live because we always find time to do what we enjoy. Solomon tells us to guard our heart above all else, making sure we concentrate on those desires that will keep us on the right path. Make sure your affections push you in the right direction. Put boundaries on your desires: don't go after everything you see. Look straight ahead, keep your eyes fixed on your goal, and don't get sidetracked on detours that lead to sin.

God's Thoughts

Isaiah 55:8

"For My thoughts are not your thoughts, nor are your ways my ways," declares the LORD.

The people of Israel were foolish to act as if they knew what God was thinking and planning. His knowledge and wisdom are far greater than man's. We are foolish to try to fit God into our mold—to make his plans and purposes conform to ours. Instead, we must strive to fit into *his* plans.

Man's Thoughts

Psalm 94:11

The LORD knows the thoughts of man, that they are a mere breath.

At times, God must discipline us to help us. This is similar to a loving parent's disciplining his child. The discipline is not very enjoyable to the child, but it is essential to teach him right from wrong. The Bible says that "no discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it" (Hebrews 12:11). When you feel God's hand of correction, accept it as proof of his love. Realize that God is urging you to follow his paths instead of stubbornly going your own way.

Thoughts of the Righteous

Proverbs 12:5

The thoughts of the righteous are just, but the counsels of the wicked are deceitful.

Real success comes only to those who do what is right. Their efforts stand the test of time. Then, what kind of success does wickedness bring? We all know people who cheated to pass the course or to get a larger tax refund—is this not success? And what about the person who ignores his family commitments and mistreats his workers but gets ahead in business? These apparent successes are only temporary. They are bought at the expense of character. Cheaters grow more and more dishonest, and those who hurt others become callous and cruel. In the long run, evil behavior does not lead to success; it leads only to more evil. Real success maintains personal integrity. If you are not a success by God's standards, you have not achieved true success

Thoughts of the Wicked

Proverbs 15:26

Evil plans are an abomination to the LORD, but pleasant words are pure.

The righteous weigh their answers; the wicked don't wait to speak because they don't care about the effects of their words. It is important to have something to say, but it is equally important to weigh it first. Do you carefully plan your words, or do you pour out your thoughts without concern for their impact?

Man's thoughts were evil continually.

Genesis 6:5 Then the LORD saw that the wickedness of man was great on the earth, and that every intent of the thoughts of his heart was only evil continually.

The people's sin grieved God. Our sins break God's heart as much as sin did in Noah's day. Noah, however, pleased God, although he was far from perfect. We can follow Noah's example and find "favor in the eyes of the LORD" in spite of the sin that surrounds us.

The Lord knows man's thoughts

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God knows when my thoughts are afar off.

Psalm 139:1-4

O Lord, thou hast searched me, and known me. You know my down sitting and mine uprising, thou understands my thought afar off.

Thou compassest my path and my lying down, and art acquainted with all my ways. For there is not a word in my tongue, but, lo, O Lord, thou knows it altogether.

Sometimes we don't let people get to know us completely because we are afraid they will discover something about us that they won't like. But God already knows everything about us, even to the number of hairs on our heads (Matthew 10:30), and still he accepts and loves us. God is with us through every situation, in every trial—protecting, loving, guiding. He knows and loves us completely.

Chapter 2



Evil Thoughts

Matthew 9:4

And Jesus knowing their thoughts said, "Why are you thinking evil in your hearts?"

It's easy to tell someone his sins are forgiven; it's a lot more difficult to reverse a case of paralysis! Jesus backed up his words by healing the man's legs. Jesus' action showed that his words were true; he had the power to forgive as well as to heal. Talk is cheap, but our words lack meaning if our actions do not back them up. We can say we love God or others, but if we are not taking practical steps to demonstrate that love, our words are empty and meaningless. How well do your actions back up what you say?

Jesus knew their thoughts

Matthew 12:25

And knowing their thoughts Jesus said to them, "Any kingdom divided against itself is laid waste; and any city or house divided against itself will not stand.

In the incarnation, Jesus gave up the complete and unlimited use of his supernatural abilities. But he still had profound insight into human nature. His discernment stopped the religious leaders' attempts to trick him. The resurrected Christ knows all our thoughts. This can be comforting because he knows what we really mean when we speak to him. It can be threatening because we cannot hide from him, and he knows our selfish motives.

Luke 11:17

But He knew their thoughts and said to them, "Any kingdom divided against itself is laid waste; and a house divided against itself falls.

The kingdom of God has arrived with the coming of Jesus Christ.

Jesus knew what was in the hearts

Luke 9:47

But Jesus, knowing what they were thinking in their heart, took a child and stood him by His side

Our care for others is a measure of our greatness. How much concern do you show to others? This is a vital question that can accurately measure your greatness in God's eyes. How have you expressed your care for others lately, especially the helpless, the needy, the poor—those who can't return your love and concern? Your honest answer to that question will give you a good idea of your real greatness.

The word of God judges their thoughts

Hebrews 4:12

For the word of God is living and active and sharper than any two-edged sword, and piercing as far as the division of soul and spirit, of both joints and marrow, and able to judge the thoughts and intentions of the heart.

The Word of God is not simply a collection of words from God, a vehicle for communicating ideas; it is living, life-changing, and dynamic as it works in us. With the incisiveness of a surgeon's knife, God's Word reveals who we are and what we are not. It penetrates the core of our moral and spiritual life. It discerns what is within us, both good and evil. The demands of God's Word require decisions. We must not only listen to the Word; we must also let it shape our lives.

A blessed man meditates on God's word

Psalm 1:1-2

How blessed is the man who does not walk in the counsel of the wicked, nor stand in the path of sinners, nor sit in the seat of scoffers! But his delight is in the law of the LORD, and in His law he meditates day and night.

In this book, the psalmists praise God for his justice, express confidence in God's compassion, recount the depravity of man, plead for vindication, ask God to deliver them from their enemies, speak of the blessedness of the forgiven sinner, and portray God as a shepherd. We should worship God with the same sense of adoration found in these psalms.

You can learn how to follow God by meditating on his Word. Meditating means spending time reading and thinking about what you have read. It means asking yourself how you should change so you're living as God wants. Knowing and meditating on God's Word are the first steps toward applying it to your everyday life. If you want to follow God more closely, you must know what he says.

Bind the word of God in your forehead

Deuteronomy 11:18

"You shall therefore impress these words of mine on your heart and on your soul; and you shall bind them as a sign on your hand, and they shall be as frontals on your forehead.

It is amazing that God set before the Israelites a choice between blessings and curses. It is even more amazing that most of them, through their disobedience, chose the curses. We have the same fundamental choice today. We can live for ourselves or live in service to God. To choose our own way is to travel on a dead-end road, but to choose God's way is to receive eternal life

Meditate on the word of God day and night.

Joshua 1:8

"This book of the law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it; for then you will make your way prosperous, and then you will have success.

Many people think that prosperity and success come from having power, influential personal contacts, and a relentless desire to get ahead. But the strategy for gaining prosperity that God taught Joshua goes against such criteria. He said that to succeed Joshua must (1) be strong and courageous because the task ahead would not be easy, (2) obey God's law, and (3) constantly read and study the Book of the Law—God's Word. To be successful, follow God's words to Joshua. You may not succeed by the world's standards, but you will be a success in God's eyes—and his opinion lasts forever.

Meditate on God's precepts

Psalm 119:15

I will meditate on your precepts and regard your ways.

Most of us chafe under rules, for we think they restrict us from doing what we want. At first glance, then, it may seem strange to hear the psalmist talk of rejoicing in following God's statutes as much as in great riches. But God's laws were given to free us to be all he wants us to be. They restrict us from doing what might cripple us and keep us from being our best. God's guidelines help us follow his path and avoid paths that lead to destruction.

I will meditate and use on God's deeds

Psalm 77:12

I will meditate on all your work and muse on your deeds.

Memories of God's miracles and faithfulness sustained Israel through their difficulties. They knew that God was capable and trustworthy. When you meet new trials, review how good God has been to you, and this will strengthen your faith.

Consider what God has done for you

1 Samuel 12:24

"Only fear the LORD and serve Him in truth with all your heart; for consider what great things He has done for you.

This is the second time in his farewell speech that Samuel reminded the people to take time to consider what great things God had done for them (see 1 Samuel 12:7).

Taking time for reflection allows us to focus our attention upon God's goodness and strengthens our faith. Sometimes we are so progress and future-oriented that we fail to take time to recall all that God has already done. Remember what God has done for you so that you may move ahead with gratitude.

The fathers of Egypt did not understand God's wonders.

Psalm 106:7

Our fathers in Egypt did not understand your wonders; they did not remember your abundant kindnesses, but rebelled by the sea, at the Red Sea.

If we ever stopped to list all the mighty acts or miracles in the Bible, we would be astounded. They cover every aspect of life. The more we think about what God has done, the more we can appreciate the miracles he has done for us individually—birth, personality development, loving friends and family, specific guidance, healing, salvation—the list goes on and on. If you think you have never seen a miracle, look closer—you will see God's power and loving intervention on your behalf. God still performs great miracles!

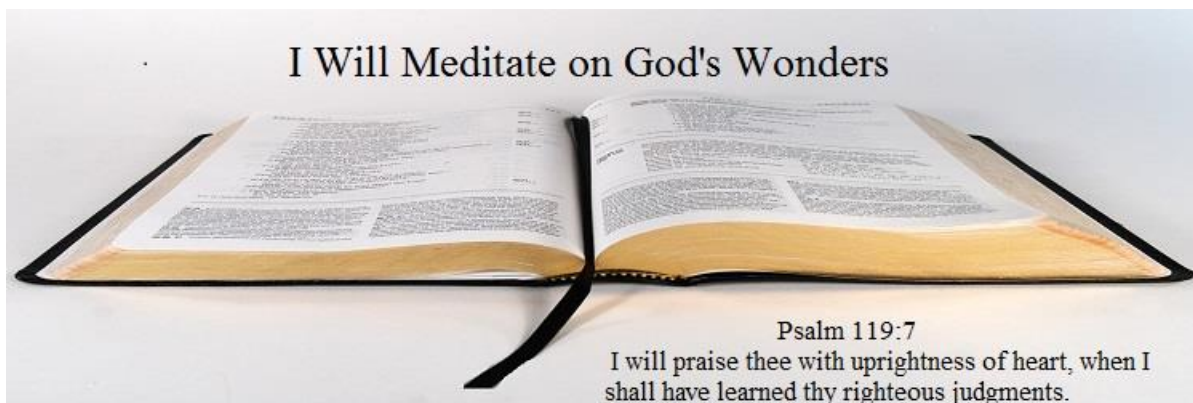
The wise consider the loving kindness of the Lord

Psalm 107:43

Who is wise? Let him give heed to these things, and consider the loving kindnesses of the LORD.

Those who have never truly suffered may not appreciate God as much as those who have matured under hardship. Those who have seen God work in times of distress have a deeper insight into his loving-kindness. If you have experienced great trials, you have the potential for great praise.

Chapter 3



I will meditate on God's wonders

Psalm 119:27

Make me understand the way of your precepts, so I will meditate on your wonders.

Our lives are cluttered with rule books, but the authors never come with us to help us follow the rules. But God does. That is the uniqueness of our Bible. God not only provides the rules and guidelines, but comes with us personally each day to strengthen us so that we can live according to those rules. All we must do is invite him and respond to his direction.

I will muse on the work of God's hands

Psalm 143:5

I remember the days of old; I meditate on all your doings; I muse on the work of your hands.

David was losing hope, caught in paralyzing fear and deep depression. At times, we feel caught in deepening depression, and we are unable to

pull ourselves out. At those times, we can come to the Lord and, like David, express our true feelings. Then he will help us as we remember his works (Psalm 143:5), reach out to him in prayer (Psalm 143:6), trust him (Psalm 143:8), and decide to do his will (Psalm 143:10)

Come and let us reason together

Isaiah 1:18

"Come now, and let us reason together," Says the LORD, "Though your sins are as scarlet, they will be as white as snow; though they are red like crimson, and they will be like wool.

Scarlet, or crimson, was the color of a deep-red permanent dye, and its deep stain was virtually impossible to remove from clothing. The bloodstained hands of the murderers are probably in view here (see Isaiah 1:15, 21). The stain of sin seems equally permanent, but God can remove sin's stain from our lives as he promised to do for the Israelites. We don't have to go through life permanently soiled. God's Word assures us that if we are willing and obedient, Christ will forgive and remove our most indelible stains (Psalm 51:1-7).

Let no man take your thoughts captive

Colossians 2:8

See to it that no one takes you captive through philosophy and empty deception, according to the tradition of men, according to the elementary principles of the world, rather than according to Christ.

Paul writes against any philosophy of life based only on human ideas and experiences. Paul himself was a gifted philosopher, so he is not condemning philosophy.

He is condemning teaching that credits humanity, not Christ, with being the answer to life's problems. That approach becomes a false religion. There are many man-made approaches to life's problems that totally disregard God. To resist heresy you must use your mind, keep your eyes on Christ, and study God's Word.

The wisdom of wise men will perish

Isaiah 29:14

Therefore behold, I will once again deal marvelously with this people, wondrously marvelous; and the wisdom of their wise men will perish, and the discernment of their discerning men will be concealed."

The people claimed to be close to God, but they were disobedient and merely went through the motions; therefore, God would bring judgment upon them. Religion had become routine instead of real. Jesus quoted Isaiah's condemnation of Israel's hypocrisy when he spoke to the Pharisees, the religious leaders of his day (Matthew 15:7-9; Mark 7:6-7). We are all capable of hypocrisy. Often we slip into routine patterns when we worship and we neglect to give God our love and devotion. If we want to be called God's people, we must be obedient and worship him honestly and sincerely.

God made foolish the wisdom of the world

1 Corinthians 1:20

Where is the wise man? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world?

God offers eternal life, which the world can never give. We can spend a lifetime accumulating human wisdom and yet never learn how to have a personal relationship with God. We must come to the crucified and risen Christ to receive eternal life and the joy of a personal relationship with our Savior.

Speak wisdom among those who are mature.

1 Corinthians 2:6

Yet we do speak wisdom among those who are mature; a wisdom, however, not of this age nor of the rulers of this age, who are passing away;

Paul's confidence was not in his keen intellect or speaking ability but in his knowledge that the Holy Spirit was helping and guiding him. Paul is not denying the importance of study and preparation for preaching—he had a thorough education in the Scriptures. Effective preaching must combine studious preparation with reliance on the work of the Holy Spirit. Don't use Paul's statement as an excuse for not studying or preparing.

The wisdom of the world is foolishness with God.

1 Corinthians 3:19-20

For the wisdom of this world is foolishness with God. For it is written, He takes the wise in their own craftiness. And again, The Lord knoweth the thoughts of the wise, that they are vain.

Paul was not telling the Corinthian believers to neglect the pursuit of knowledge. He was warning them that if worldly wisdom holds them back from God, it is not wisdom at all.

God's way of thinking is far more valuable, even though it may seem foolish to the world (1 Cor. 1:27). The Corinthians were using so-called worldly wisdom to evaluate their leaders and teachers. Their pride made them value the presentation of the message more than its content.

Take every thought captive to the obedience of Christ.

2 Corinthians 10:5

We are destroying speculations and every lofty thing raised up against the knowledge of God, and we are taking every thought captive to the obedience of Christ.

We, like Paul, are merely weak humans, but we don't need to use human plans and methods to win our battles. God's mighty weapons are available to us as we fight against Satan's "strongholds." The Christian must choose whose methods to use, God's or the world's. Paul assures us that God's mighty weapons—prayer, faith, hope, love, God's Word, the Holy Spirit—are powerful and effective (see Ephes. 6:13-18)! These weapons can break down the proud human arguments against God and the walls that Satan builds to keep people from finding God. When dealing with the pride that keeps people from a relationship with Christ, we may be tempted to use our own methods. But nothing can break down these barriers like God's weapons.

The wise will show good behavior.

James 3:13-15

Who among you is wise and understanding? Let him show by his good behavior his deeds in the gentleness of wisdom.

But if you have bitter jealousy and selfish ambition in your heart, do not be arrogant and so lie against the truth. This wisdom is not that which comes down from above, but is earthly, natural, and demonic.

True wisdom can be measured by the depth of a person's character. Just as you can identify a tree by the type of fruit it produces, you can evaluate your wisdom by the way you act. Foolishness leads to disorder, but wisdom leads to peace and goodness. Are you tempted to escalate the conflict, pass on the gossip, or fan the fire of discord? Careful, winsome speech and wise, loving words are the seeds of peace. God loves peacemakers (Matthew 5:9).

Look out for the interest of others.

Philippians 2:4

Do not merely look out for your own personal interests, but also for the interests of others.

Philippi was a cosmopolitan city. The composition of the church reflected great diversity, with people from a variety of backgrounds and walks of life. Acts 16 gives us some indication of the diverse makeup of this church. The church included Lydia, a Jewish convert from Asia and a wealthy businesswoman (Acts 16:14); the slave girl (Acts 16:16-17), probably a native Greek; and the jailer serving this colony of the empire, probably a Roman (Acts 16:25-36). With so many different backgrounds among the members, unity must have been difficult to maintain. Although there is no evidence of division in the church, its unity had to be safeguarded (Phil. 3:2; Phil. 4:2).

Do not desire evil against one another

Zechariah 7:10

And do not oppress the widow or the orphan, the stranger or the poor; and do not devise evil in your hearts against one another.'

The Israelites had lost their sincere desire for a loving relationship with God. Zechariah told them that they had been fasting without a proper attitude of repentance or worship. They fasted and mourned during their exile with no thought of God or their sins that had caused the exile in the first place.

The wise show mercy.

Luke 10:36-37

"Which of these three do you think proved to be a neighbor to the man who fell into the robbers' hands?" And he said, "The one who showed mercy toward him." Then Jesus said to him, "Go and do the same."

From the parable we learn three principles about loving our neighbor: (1) lack of love is often easy to justify, even though it is never right; (2) our neighbor is anyone of any race, creed, or social background who is in need; and (3) love means acting to meet the person's need. Wherever you live, there are needy people close by. There is no good reason for refusing to help.

All members will suffer and rejoice.

1 Corinthians 12:26

And if one member suffers, all the members suffer with it; if one member is honored, all the members rejoice with it.

How do you respond when someone is suffering? We are called to rejoice with those who rejoice and weep with those who weep (Romans 12:15). Too often, unfortunately, we are jealous of those who rejoice and apathetic toward those who weep.

Believers are in the world together—there is no such thing as private or individualistic Christianity. We shouldn't stop with enjoying only our own relationship with God; we need to get involved in the lives of others.

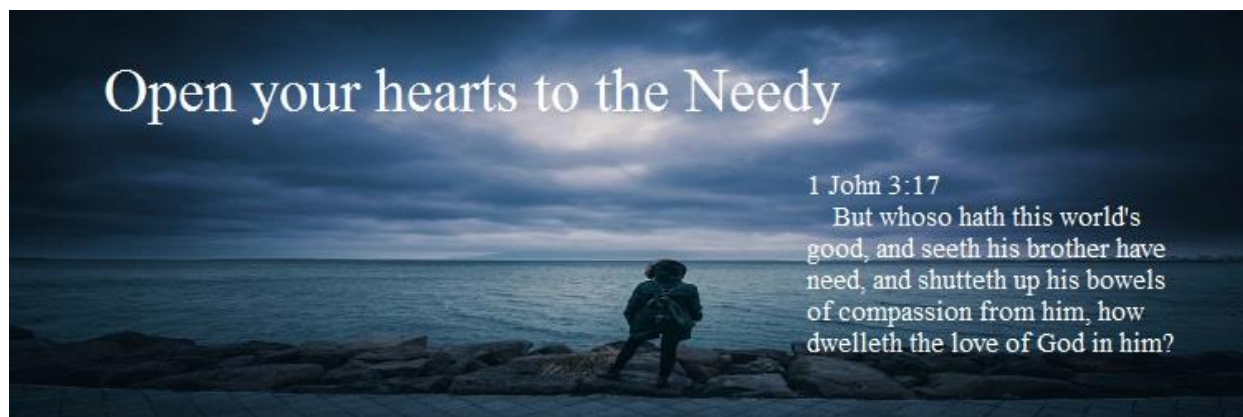
Seek to abound to edify the church.

1 Corinthians 14:11-12

If then I do not know the meaning of the language, I will be to the one who speaks a barbarian, and the one who speaks will be a barbarian to me. So also you, since you are zealous of spiritual gifts, seek to abound for the edification of the church.

As musical instruments must play each note in order for the music to be clear, so Paul says words preached in the hearers' language are more clear and helpful. There are many languages in the world (1 Cor. 14:10), and people who speak different languages can rarely understand each other. It is the same with speaking in tongues. Although this gift is helpful to many people in private worship, and helpful in public worship with interpretation, Paul says he would rather speak five words that his hearers can understand than 10,000 that they cannot (1 Cor. 14:19).

Chapter 4



Open your heart to the needy.

1 John 3:17

But whoever has the world's goods, and sees his brother in need and closes his heart against him, how does the love of God abide in him?

These verses give an example of how to lay down our lives for others—to help those in need. This is strikingly similar to James's teaching (James 2:14-17). How clearly do your actions say you really love others? Are you as generous as you should be with your money, possessions, and time?

Do all things with humility of mind.

Philippians 2:3

Do nothing from selfishness or empty conceit, but with humility of mind regard one another as more important than yourselves;

Selfish ambition can ruin a church, but genuine humility can build it. Being humble involves having a true perspective about ourselves (see Romans 12:3). It does not mean that we should put ourselves down.

Before God, we are sinners, saved only by God's grace, but we *are* saved and therefore have great worth in God's kingdom. We are to lay aside selfishness and treat others with respect and common courtesy. Considering others' interests as more important than our own links us with Christ, who was a true example of humility.

The members should care for one another.

1 Corinthians 12:24-25

Whereas our more presentable members have no need of it. But God has so composed the body, giving more abundant honor to that member which lacked, so that there may be no division in the body, but that the members may have the same care for one another.

Let everything be useful to build up the Lord

1 Corinthians 14:26-33

Well, my brothers and sisters, let's summarize what I am saying. When you meet, one will sing, another will teach, another will tell some special revelation God has given, one will speak in an unknown language, while another will interpret what is said. But everything that is done must be useful to all and build them up in the Lord.

No more than two or three should speak in an unknown language. They must speak one at a time, and someone must be ready to interpret what they are saying. But if no one is present who can interpret, they must be silent in your church meeting and speak in tongues to God privately.

Let two or three prophesy, and let the others evaluate what is said. But if someone is prophesying and another person receives a revelation from the Lord, the one who is speaking must stop.

In this way, all who prophesy will have a turn to speak, one after the other, so that everyone will learn and be encouraged.

Remember that people who prophesy are in control of their spirit and can wait their turn. For God is not a God of disorder but of peace, as in all the other churches.

Everything done in worship services must be beneficial to the worshipers. This principle touches every aspect—singing, preaching, and the exercise of spiritual gifts. Those contributing to the service (singers, speakers, readers) must have love as their chief motivation, speaking useful words or participating in a way that will strengthen the faith of other believers.

In worship, everything must be done in harmony and with order. Even when the gifts of the Holy Spirit are being exercised, there is no excuse for disorder. When there is chaos, the church is not allowing God to work among believers as he would like.

Stimulate one another to love and do good deeds.

Hebrews 10:24

And let us consider how to stimulate one another to love and good deeds

We have significant privileges associated with our new life in Christ: (1) we have personal access to God through Christ and can draw near to him without an elaborate system (Hebrews 10:22); (2) we may grow in faith, overcome doubts and questions, and deepen our relationship with God (Hebrews 10:23); (3) we may enjoy encouragement from one another (Hebrews 10:24); (4) we may worship together (Hebrews 10:25).

Restore those who are caught in a trespass.

Galatians 6:1

Brethren, even if anyone is caught in any trespass, you who are spiritual, restore such a one in a spirit of gentleness; each one looking to yourself, so that you too will not be tempted.

No Christian should ever think that he or she is totally independent and doesn't need help from others, and no one should feel excused from the task of helping others. The body of Christ—the church—functions only when the members work together for the common good. Do you know someone who needs help? Is there a Christian brother or sister who needs correction or encouragement? Humbly and gently reach out to that person (John 13:34-35).

Do not think you can obtain God's gifts with money.

Acts 8:20-21

But Peter said to him, "May your silver perish with you, because you thought you could obtain the gift of God with money! "You have no part or portion in this matter, for your heart is not right before God.

"Everything has a price" seems to be true in our world of bribes, wealth, and materialism. Simon thought he could buy the Holy Spirit's power, but Peter harshly rebuked him. The only way to receive God's power is to do what Peter told Simon to do—turn from sin, ask God for forgiveness, and be filled with his Spirit. No amount of money can buy salvation, forgiveness of sin, or God's power. These are only gained by repentance and belief in Christ as Savior.

Their speculations and foolish hearts were darkened.

Romans 1:21

For even though they knew God, they did not honor Him as God or give thanks, but they became futile in their speculations, and their foolish heart was darkened.

Idolatry begins when people reject what they know about God. Instead of looking to him as the Creator and sustainer of life, they see themselves as the center of the universe. They soon invent “gods” that are convenient projections of their own selfish plans and decrees. These gods may be wooden figures, but they may also be goals or things we pursue such as money, power, or comfort. They may even be misrepresentations of God himself—making God in our image, instead of the reverse. The common denominator is this—idolaters worship the things God made rather than God himself.

The Gentile walked in the futility of their mind.

Ephesians 4:17-19

So this I say, and affirm together with the Lord, that you walk no longer just as the Gentiles also walk, in the futility of their mind, being darkened in their understanding, excluded from the life of God because of the ignorance that is in them, because of the hardness of their heart; and they, having become callous, have given themselves over to sensuality for the practice of every kind of impurity with greediness.

Living “in the futility of their thinking” refers to the natural tendency of human beings to think their way away from God. Intellectual pride, rationalizations, and excuses all keep people from God. Don’t be surprised if people can’t grasp the gospel. The gospel will seem foolish to those who forsake faith and rely on their own understanding.

Think, using sound judgment.

Romans 12:3

For through the grace given to me I say to everyone among you not to think more highly of himself than he ought to think; but to think so as to have sound judgment, as God has allotted to each a measure of faith.

Healthy self-esteem is important because some of us think too little of ourselves; on the other hand, some of us overestimate ourselves. The key to an honest and accurate evaluation is knowing the basis of our self-worth—our identity in Christ. Apart from him, we aren't capable of very much by eternal standards; in him, we are valuable and capable of worthy service. Evaluating yourself by the worldly standards of success and achievement can cause you to think too much about your worth in the eyes of others and thus miss your true value in God's eyes.

Not many are wise or noble.

1 Corinthians 1:26

For consider your calling, brethren, that there were not many wise according to the flesh, not many mighty, not many noble

The message of Christ's death for sins sounds foolish to those who don't believe. Death seems to be the end of the road, the ultimate weakness. But Jesus did not stay dead. His resurrection demonstrated his power even over death. And he will save us from eternal death and give us everlasting life if we trust him as Savior and Lord. This sounds so simple that many people won't accept it. They try other ways to obtain eternal life (being good, being wise, etc.). But all their attempts will not work. The "foolish" people who simply accept Christ's offer are actually the wisest of all, because they alone will live eternally with God.

Let no man deceive you.

1 Corinthians 3:18

Let no man deceive himself if any man among you thinks that he is wise in this age, he must become foolish, so that he may become wise.

Paul was not telling the Corinthian believers to neglect the pursuit of knowledge. He was warning them that if worldly wisdom holds them back from God, it is not wisdom at all. God's way of thinking is far more valuable, even though it may seem foolish to the world (1 Cor. 1:27). The Corinthian were using so-called worldly wisdom to evaluate their leaders and teachers. Their pride made them value the presentation of the message more than its content.

Let him who thinks he stands, take heed

1 Corinthians 10:12

Therefore let him who thinks he stands take heed that he does not fall.

Today's pressures make it easy to ignore or forget the lessons of the past. But Paul cautions us to remember the lessons the Israelites learned about God so we can avoid repeating their errors. The key to remembering is to study the Bible regularly so that these lessons remind us of how God wants us to live. We need not repeat their mistakes!

Let your thinking be mature

1 Corinthians 14:20

Brethren, do not be children in your thinking; yet in evil be infants, but in your thinking be mature.

If a person has the gift of speaking in tongues, he should also pray for the gift of knowing what he has said (interpretation) so he can tell people afterwards. This way, the entire church will be edified by this gift.

Deception comes from thinking one is something

Galatians 6:3

For if anyone thinks he is something when he is nothing, he deceives himself.

No Christian should ever think that he or she is totally independent and doesn't need help from others, and no one should feel excused from the task of helping others. The body of Christ—the church—functions only when the members work together for the common good. Do you know someone who needs help? Is there a Christian brother or sister who needs correction or encouragement? Humbly and gently reach out to that person (John 13:34-35).

Chapter 5



Receive all things with gratitude.

1 Timothy 4:4

For everything created by God is good, and nothing is to be rejected if it is received with gratitude;

Paul said the false teachers were hypocritical liars who encouraged people to follow “deceiving spirits and things taught by demons.” Satan deceives people by offering a clever imitation of the real thing. The false teachers gave stringent rules (such as forbidding people to marry or to eat certain foods). This made them appear self-disciplined and righteous.

Their strict disciplines for the body, however, could not remove sin (see Col. 2:20-23). We must not be unduly impressed by a teacher’s style or credentials; we must look to his teaching about Jesus Christ. His conclusions about Christ show the source of his message.

Do not measure yourself by others.

2 Corinthians 10:12

For we are not bold to class or compare ourselves with some of those who commend themselves; but when they measure themselves by themselves and compare themselves with themselves, they are without understanding.

Paul criticized the false teachers who were trying to prove their goodness by comparing themselves with others rather than with God's standards. When we compare ourselves with others, we may feel pride because we think we're better. But when we measure ourselves against God's standards, it becomes obvious that we have no basis for pride. Don't worry about other people's accomplishments. Instead, continually ask: How does my life measure up to what God wants? How does my life compare to Jesus Christ?

Observe the way of the ant.

Proverbs 6:6

Go to the ant, O sluggard, Observe her ways and be wise,

Those last few moments of sleep are delicious—we savor them as we resist beginning another workday. But Proverbs warns against giving in to the temptation of laziness, of sleeping instead of working. This does not mean we should never rest: God gave the Jews the Sabbath, a weekly day of rest and restoration. But we should not rest when we should be working. The ant is used as an example because it utilizes its energy and resources economically. If laziness turns us from our responsibilities, poverty may soon bar us from the legitimate rest we should enjoy. (See also the chart in Proverbs 28:19.)

From the heart comes evil.

Matthew 15:19

"For out of the heart come evil thoughts, murders, adulteries, fornications, thefts, false witness, slanders.

We work hard to keep our outward appearance attractive, but what is in our hearts is even more important. The way we are deep down (where others can't see) matters much to God. What are you like inside? When people become Christians, God makes them different on the inside. He will continue the process of change inside them if they only ask. God wants us to seek healthy thoughts and motives, not just healthy food and exercise.

The work of the law is written in their hearts.

Romans 2:15

In that they show the work of the Law written in their hearts, their conscience bearing witness and their thoughts alternately accusing or else defending them.

People are condemned not for what they don't know, but for what they do with what they know. They will judge those who know God's written Word and his law. Those who have never seen a Bible still know right from wrong, and they will be judged because they did not keep even those standards that their own consciences dictated. Our modern-day sense of fair play and the rights of the individual often balks at God's judgment. But keep in mind that people violate the very standards they create for themselves.

Put away childish things

1 Corinthians 13:11

When I was a child, I used to speak like a child, think like a child, reason like a child; when I became a man; I did away with childish things.

Paul offers a glimpse into the future to give us hope that one day we will be complete when we see God face to face. This truth should strengthen our faith—we don't have all the answers now, but one day we will. Someday we will see Christ in person and be able to see with God's perspective.

Do not look at things outwardly.

2 Corinthians 10:7

You are looking at things as they are outwardly If anyone is confident in himself that he is Christ's, let him consider this again within himself, that just as he is Christ's, so also are we.

Those who opposed Paul portrayed him as weak and powerless, but Paul reminded the Corinthians that he claimed the power and authority of Christ. False teachers were encouraging the believers to ignore Paul, but Paul explained that the words in his letters were to be taken seriously.

Paul had authority because he and his companions were the first to bring the Good News to Corinth (2 Cor. 10:14). On the basis of this authority over them, Paul wrote to them to help them grow.

Reach forward to what lies ahead.

Philippians 3:13

Brethren, I do not regard myself as having laid hold of it yet; but one thing I do: forgetting what lies behind and reaching forward to what lies ahead

Paul says that his goal is to know Christ, to be like Christ, and to be all Christ has in mind for him. This goal absorbs all Paul's energy. This is a helpful example for us. We should not let anything take our eyes off our goal—knowing Christ. With the single-mindedness of an athlete in training, we must lay aside everything harmful and forsake anything that may distract us from being effective Christians. What is holding you back?

Paul had reason to forget what was behind—he had held the coats of those who stoned Stephen, the first Christian martyr (Acts 7:57-58, Paul is called Saul here). We have all done things for which we are ashamed, and we live in the tension of what we have been and what we want to be. Because our hope is in Christ, however, we can let go of past guilt and look forward to what God will help us become. Don't dwell on your past. Instead, grow in the knowledge of God by concentrating on your relationship with him *now*. Realize that you are forgiven, and then move on to a life of faith and obedience. Look forward to a fuller and more meaningful life because of your hope in Christ.

Don't worry about tomorrow.

Matthew 6:31-34

"So don't worry about having enough food or drink or clothing. [32]
Why be like the pagans who are so deeply concerned about these things?"

Your heavenly Father already knows all your needs, and he will give you all you need from day to day if you live for him and make the Kingdom of God your primary concern.

"So don't worry about tomorrow, for tomorrow will bring its own worries. Today's trouble is enough for today.

“Seek first his kingdom and his righteousness” means to turn to God first for help, to fill your thoughts with his desires, to take his character for your pattern, and to serve and obey him in everything. What is really important to you? People, objects, goals, and other desires all compete for priority. Any of these can quickly bump God out of first place if you don't actively choose to give him first place in *every* area of your life.

Prepare your mind for action.

1 Peter 1:13-14

Therefore, prepare your minds for action, keep sober in spirit, and fix your hope completely on the grace to be brought to you at the revelation of Jesus Christ. As obedient children, do not be conformed to the former lusts which were yours in your ignorance,

The imminent return of Christ should motivate us to live for him. This means being mentally alert (“prepare your minds for action”), disciplined (“self-controlled”), and focused (“set your hope fully”). Are you ready to meet Christ?

Allow no base thought in your heart.

Deuteronomy 15:9

"Beware that there is no base thought in your heart, saying, 'The seventh year, the year of remission, is near,' and your eye is hostile toward your poor brother, and you give him nothing; then he may cry to the LORD against you, and it will be a sin in you.

Do not ponder the path of life.

Proverbs 5:6

She does not ponder the path of life; her ways are unstable, she does not know it.

Any person should be on guard against those who use flattery and smooth speech (lips that drip honey) that would lead him or her into sin. The best advice is to take a detour and even avoid conversation with such people.

Wisdom is to understand God's ways.

Proverbs 14:8

The wisdom of the sensible is to understand his way, but the foolishness of fools is deceit.

How rarely we find goodwill around us today. Angry drivers scowl at each other in the streets. People fight to be first in line. Disgruntled employers and employees both demand their rights. But the common bond of God's people should be goodwill. Those with goodwill think the

best of others and assume that others have good motives and intend to do what is right. When someone crosses you, and you feel your blood pressure rising, ask yourself, “How can I show goodwill to this person?”

Let the wicked forsake his ways and thoughts.

Isaiah 55:7

Let the wicked forsake his way And the unrighteous man his thoughts; and let him return to the LORD, And He will have compassion on him, and to our God, For He will abundantly pardon.

Isaiah tells us to call on the Lord while he is near. God is not planning to move away from us, but we often move far from him or erect a barrier between ourselves and him. Don't wait until you have drifted far away from God to seek him. Later in life turning to him may be far more difficult. Or God may come to judge the earth before you decide to turn to him. Seek God now, while you can, before it is too late.

The Lord of Hosts says, “Consider your ways”

Haggai 1:5

Now therefore, thus says the LORD of hosts, "Consider your ways!

God asked his people how they could live in luxury when his house was lying in ruins. The temple was the focal point of Judah's relationship with God, but it was still demolished. Instead of rebuilding the temple, the people put their energies into beautifying their own homes. However, the harder the people worked for themselves, the less they had, because they ignored their spiritual lives. The same happens to us. If we put God first, he will provide for our deepest needs. If we put him in any other place, all our efforts will be futile.

Caring only for your physical needs while ignoring your relationship with God will lead to ruin

Consider the one coming against you.

Luke 14:31

"Or what king, when he sets out to meet another king in battle, will not first sit down and consider whether he is strong enough with ten thousand men to encounter the one coming against him with twenty thousand?"

Christians may face loss of social status or wealth. They may have to give up control over their money, their time, or their career. They may be hated, separated from their family, and even put to death. Following Christ does not mean a trouble-free life. We must carefully count the cost of becoming Christ's disciples so that we will know what we are getting into and won't be tempted later to turn back.

To ask Jesus to come into your heart please pray this Prayer:

Dear Lord Jesus, I believe you are the Christ, the Son of the Living God. I ask you to forgive me of my sins and coming into my heart. I accept you as savior and will follow you as Lord. Amen.

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